

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude	“Fugue in C” Taylor Ruhl, <i>organ</i>	<i>D. Buxtehude</i>
Opening Hymn	“Great Is Thy Faithfulness”	No. 100
Call to Worship		Cherise Gardner
	From God comes the wonder of Creation	
	We will worship God the Creator	
	From God comes healing for our brokenness	
	We will worship God our Redeemer	
	From God comes the strength to face each new day	
	We will worship God our Sustainer	
Greetings & Prayers of the Congregation		Douglas Schultz
	(Please remain standing for prayer)	
Prayer Response		
	Turn your eyes upon Jesus, Look full in His wonderful face; And the things of earth will grow strangely dim In the light of His glory and grace.	
Morning Offering		Allisyn Arm
Offertory	“The Lord’s Prayer” <i>Malotte, arr. Fred Bock</i> Leif Lind, <i>piano</i> ; Taylor Ruhl, <i>organ</i>	
Children’s Sermon		Cherise Gardner
Special Music	“Praise to the Lord/Water Music” <i>arr. L. McKechnie</i> Leif Lind, <i>piano</i> ; Taylor Ruhl, <i>organ</i>	
Scripture Reading	Matthew 18:21-22; 5:43-48 Colossians 3:12-14 (<i>The Message</i>)	Lee Posner
Sermon	“How Narrow Is Your House?”	Cherise Gardner
Closing Hymn	“Open My Eyes That I May See”	No. 326
Benediction		Cherise Gardner
Musical Response		
Postlude	“Let the Bright Seraphim”	<i>G. F. Handel</i>

Sabbath School Options

<u>Class</u>	<u>Age</u>	<u>Location</u>	<u>Symbols/Leaders</u>
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	

Worship Options

<u>Option</u>	<u>Location</u>	<u>Sequence</u>
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

<u>Event</u>	<u>Location</u>	<u>Sequence</u>
Bell Choir	Call Ariel Quintana	Friday at 8:00 pm
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (909-809-7439)
Leif Lind, Church Administrator (909-557-5230)
Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

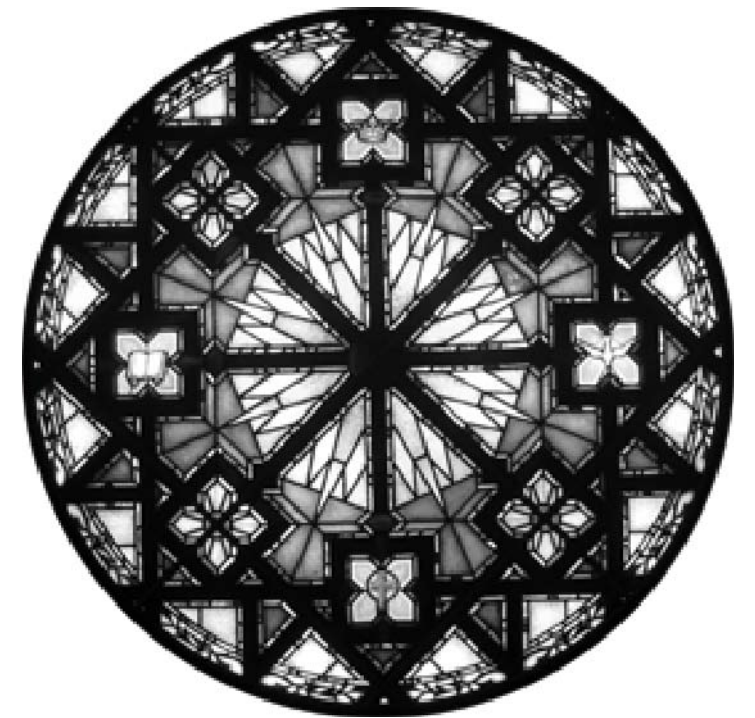
Head Elder Don Greathouse (626-796-8579)
Head Deacon John Nielsen (818-904-0825)
Head Deaconess Eleanor Posner (818-281-5822)
Church Board Chair Vincent Haynes (213-276-2131)
Choir Director Brenda Mohr (brendajmohr@gmail.com)
Organist Kemp Smeal (714-658-4885)
Children’s Choir Director Julaine Chilopoulos (818-888-8325)
Bell Choir Director Ariel Quintana (818-552-2421)
Secretary Victoria Lucero (818-244-7241 office)
Treasurer Dean Vendouris (818-244-7241 office)
Church Clerk Mindi Rüb (mindilus@mac.com)
A+ School Board Chair Beverly Tarr (626-449-7319)
A+ School Principal Anoosh Keshishzade (818-241-9353 school)
Pathfinder Director Warren Dale (818-384-2820)
Facilities Administrator Wayne Libby (818-522-4297)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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Glendale City Seventh-day Adventist Church



April 17, 2010

Scripture Reading

Matthew 18:21-22; 5:43-48; Colossians 3:12-14
from *The Message*

At that point Peter got up the nerve to ask, "Master, how many times do I forgive a brother or sister who hurts me? Seven?"
Jesus replied, "Seven! Hardly. Try seventy times seven."

"You're familiar with the old written law, 'Love your friend,'
and its unwritten companion, 'Hate your enemy.'
I'm challenging that. I'm telling you to love your enemies.
Let them bring out the best in you, not the worst.

When someone gives you a hard time, respond with the energies
of prayer, for then you are working out of your true selves,
your God-created selves.

**This is what God does. He gives his best—
the sun to warm and the rain to nourish—
to everyone, regardless:
the good and bad, the nice and nasty.**

**If all you do is love the lovable, do you expect a bonus?
Anybody can do that.**

**If you simply say hello to those who greet you, do you expect
a medal? Any run-of-the-mill sinner does that."**

"In a word, what I'm saying is, Grow up.
You're kingdom subjects. Now live like it.

Live out your God-created identity. Live generously and
graciously toward others, the way God lives toward you."

So, chosen by God for this new life of love,
dress in the wardrobe God picked out for you:
compassion, kindness, humility, quiet strength, discipline.
**Be even-tempered, content with second place, quick to
forgive an offense. Forgive as quickly and completely
as the Master forgave you.**

**And regardless of what else you put on, wear love.
It's your basic, all-purpose garment. Never be without it.**



Glendale City Health Education Program Says...

You know it's important... You say you will. Maybe you even start. And then life happens. Again and again, so why bother? Research has shown that you need more reasons to change behavior than reasons to stay the same. In other words: advantages of the new (healthy) behavior and disadvantages of the old (unhealthy) behavior have to outweigh the advantages of the old (unhealthy) behavior and the disadvantages of the new (healthy) behavior (—yes, there are some, and they are usually why you don't start or continue that healthy behavior). This step is your motivation to start and keep going when "life happens," and lets you know the traps to prepare for. Below are 15 of 100 reasons to start that exercise program you've put off; create your own!

Advantages of Exercise:

1. Increases my good cholesterol (HDL-c).
2. Reduces my triglycerides.
3. Lowers my blood pressure.
4. Improves my posture.
5. Reduces my anxiety levels.
6. Helps relieve my tension headache pain.
7. Increases my bone strength and prevents bone loss.
8. Improves my pain tolerance.
9. Improves my brain health – cognition.
10. Helps me manage my weight.
11. Improves the way I feel about myself.
12. Improves my immune system.
13. Boosts my creativity.
14. Increases my energy.
15. Helps me sleep better.

Only a few spaces are available for "**Balance Challenge**," with Greg Cox, Physical Therapist, Clinical Director of The Balance Disorders Institute, and author! This **six-weeks** exercise class is offered to adults aged 55 and older of all fitness and skill levels. Class meets on: **April 20 and 27, and May 4, 11, 18, and 25, 2010 at 6:30 p.m.** in the **Multipurpose room**. The class is designed to restore balance, reduce the risk of falling, increase bone density, and improve walking skills. "Balance Challenge" utilizes Tai Chi, Yoga, strength, balance, and cardio activities to safely restore balance skills. The total cost for the 6-week program is only \$6. **Pre-registration is required** as space is limited. Please wear comfortable clothes and good athletic shoes. No sandals! For more information contact Kathy McFarland at 626-398-1445 or actionsforwellness@sbcglobal.net.

Upcoming Sermons & Events

Elder of the Day

April 24

May 1

May 8

May 15

Wanda Koffman

Smuts van Rooyen

Smuts van Rooyen

Smuts van Rooyen

Children's Sabbath

Sunset tonight – 7:19 p.m. Sunset next Friday – 7:24 p.m.

City Church Announcements

Flowers. There are still a chance for you to sponsor the pulpit flowers for a special occasion! Flower sponsorship is \$50 dollars — sign up in the Narthex on the bulletin board or call the church office. Dates free in the month of May are: 1, 8, 22.

Potluck today after church in the Fellowship Hall. All are welcome.

L. A. Adventist Forum in the Chapel today at 3 p.m. The topic is "Exploring the Center of Adventism; A Student/Professor Dialogue," with Gary Chartier, Ph. D., Dean of the School of Business and Professor of Law and Business Ethics, as well as students from La Sierra University. All are welcome.

Next Wednesday (April 21, 8 p.m.): Please join the *Tre Colore Trio* — Nora Chiang, Stirling Trent, Joo Lee — and other Los Angeles musicians in an evening of **Brahms** (Piano Trio No. 2 in C), **Mendelssohn** (Piano Trio No. 1 in D minor), and **Prokofiev** (Quintet, Op. 39 — violin, viola, bass, clarinet, and oboe). The concert, to be held in Glendale City Sanctuary, is **free** and open to the public!

Mark your calendars! The **Loma Linda Academy Consort**, an 18-member string orchestra, will be performing in the City Church sanctuary **next Friday (April 23)** at 7:30 p.m., in honor of **Gladys Golay's 100th** birthday celebration! All are welcome to this performance.

City Church Baptism. The date for the next City Church baptism is **April 24**. If you are interested in being part of this service, please contact one of the pastoral staff.

Church member **Dr. Albert Brown** passed away on March 21, 2010. A memorial service will be in Loma Linda University Chapel, April 24 at 3 p.m.

The Second Saturday Series will feature harpists Duquessa McGuffin and Monique McGuffin Newman on May 8 at 4 p.m. The Second Saturday Series is a free community concert held the second Saturday of each month at City Church.

Men's Ministry Convocation, April 9-11, Camp Cedar Falls. Adventist Men's Ministry will host a weekend of fellowship and vision for service. For further information and cost contact Charles Dolcay at 323-353-8234 or Frank Fulgham at 805-522-2992.

Adventist Field School, Pittsburgh, PA, May 2-8, 2010. Peter Roennfeldt and Monte Sahlin will be the presenters for *Adventist Fresh Expressions*, a first-time **field school for clergy and laity** who want to start or are involved in innovative church-plants and community-based ministries designed to reach unchurched people in contemporary culture. Contact the church office for further details.

In planning church events or meeting appointments, please note that the room which has for many years been known as the Youth Center is now called the **Multipurpose Room**. The youth will be getting their own room, which will be called the Youth Room.