

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude	“Sonata I - Allegro moderato”	<i>Felix Mendelssohn</i>
Opening Hymn	“Come, Thou Fount of Every Blessing”	No. 334
Invocation		Smuts van Rooyen
	O God of the morning and of the evening hours, let your Spirit come on us here gathered.	
	This is the holy place where we, your people, call on you in faith, joining heart and voice in thanksgiving and praise to your name.	
Greetings & Prayers of the Congregation		Jeevan Johnson
	<i>(Please remain standing for prayer)</i>	
Prayer Response	Turn your eyes upon Jesus, Look full in His wonderful face; And the things of earth will grow strangely dim In the light of His glory and grace.	
Anthem	“Joshua Fit the Battle of Jericho”	<i>arr. Hart Morris</i>
	Sanctuary Bell Choir, Cheryl Smith conductor	
Morning Offering		Tom Chatt
Offertory	“Furioso”	<i>Paul McKlveen</i>
	Sanctuary Bell Choir	
Children’s Sermon		Cherise Gardner
Anthem	“He, watching over Israel” from <i>Elijah</i>	<i>Mendelssohn</i>
Scripture Reading	Luke 10:33-37	Trayfena Zambre
Sermon	“Enemy Formation and the Good Samaritan”	Smuts van Rooyen
Closing Hymn	“Take My Life and Let It Be”	No. 330
Benediction		Smuts van Rooyen
Musical Response		
Postlude	“Sonata I - Allegro assai vivace”	<i>Felix Mendelssohn</i>

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	James Goodwin

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Bell Choir	Call Ariel Quintana	Friday at 8:00 pm
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
 Cherise Gardner, Family & Children’s Ministries (909-809-7439)
 Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
 Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
 Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-904-0825)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Choir Director	Brenda Mohr (brendajmohr@gmail.com)
Organist	Kemp Smeal (714-658-4885)
Children’s Choir Director	Julaine Chilopoulos (818-888-8325)
Bell Choir Director	Ariel Quintana (818-552-2421)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Principal	Anoosh Keshishzade (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (818-522-4297)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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Glendale City Seventh-day Adventist Church



June 5, 2010

“Revealing Christ, affirming all.”

Scripture Reading

Luke 10:33-37

But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him.

He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, took him to an inn and took care of him.

The next day he took out two silver coins and gave them to the innkeeper. 'Look after him,' he said, 'and when I return, I will reimburse you for any extra expense you may have.'

"Which of these three do you think was a neighbor to the man who fell into the hands of robbers?"

The expert in the law replied, "The one who had mercy on him."

Jesus told him, "Go and do likewise."



Glendale City Health Education Program Says...

You know it's important...

The Advantages of Exercise, Part V

Exercise is easy. Countering or disputing negative and self-sabotaging thoughts that have taken root and become automatic is more challenging, but an essential strategy in adopting a consistent exercise program. When tempted to not exercise, play detective and uncover the thoughts that keep you stuck. Rewrite the thought so that you powerfully choose to stay with your exercise program. Below are examples of common sabotaging thoughts and new statements to help you counter them. You may want to write the new thoughts as affirmations and post where you'll easily see them at home or work.

Sabotaging Thought	Replace the Thought With:
<i>I'm too tired.</i>	<i>Moving/exercising will give me more energy. Just 10 minutes of walking gives up to 2 hours of increased energy.</i>
<i>I don't have time. It takes too much time.</i>	<i>I deserve to take time for my health. Per Dr. Anshel, you can get more work done after a workout than before - it lessens stress, clears thinking and gives a better perspective. A recent study suggested that people who thought they were too busy to exercise had time, but did not make it a priority.</i>
<i>I've had a bad day. I'm not in the mood. I'm too stressed.</i>	<i>Exercise will make me feel better. Exercise releases endorphins, improving mood and anxiety. Compared to hypnosis, meditation, and resting quietly, exercise was more effective at lowering tension levels with calming effects lasting up to 5 hours.</i>
<i>I'll do it later.</i>	<i>By doing it now, I'll be free to do other things later (I won't have to worry about it later.) Morning exercises are more consistent in sticking to a fitness routine.</i>
<i>It won't matter if I skip today.</i>	<i>It matters to me if I skip today. I'll be one step closer to my goal(s) of.... Denial is lying to oneself without acknowledging the payoffs and the costs.</i>
<i>I already blew it, so why try.</i>	<i>A slip is not failure. I can start now/again. My health is worth it. Slips provide feedback for adjusting the plan.</i>
<i>Exercise is boring. I'm bored with my routine.</i>	<i>I'll change my routine. Take a new approach. Variety in music, environment, and/or type of movement enhances enjoyment and commitment.</i>

Upcoming Sermons & Events

Elder of the Day	Judson Ravi
June 12	Smuts van Rooyen
June 19	Jared Wright*
	*LSU M.Div. graduate/ <i>Spectrum</i> blog contributor and reviews editor
June 26	Smuts van Rooyen
Sunset tonight – 8:02 p.m. Sunset next Friday – 8:04 p.m.	

City Church Announcements

Flowers. Today's flowers are given by Warren Dale in honor and memory of Ginger Dale's birthday.

Memorial Service. Frank Cochran, brother of Lee Cochran and long time resident of Glendale, passed away May 14 in Loma Linda. He ran and owned Cochran Automotive in Glendale for many years. A memorial service will be held at Azure Hills Adventist Church in Grand Terrace **tomorrow, June 6** at 1 p.m.

Church member Nita Westphal recently moved out to Tustin and would welcome any cards, letters, or phone calls. You may contact her at 6 Via del Sud, Tustin, CA 92780 (ph. 714-573-8019).

Church member Jean McVeigh, who lives in Burbank, is in need of transportation to the weekly worship service. If you can provide a ride, please contact the church office for further detail.

Please remember the Wally Rabello family in our prayers after his recent surgery.

Next Sabbath, June 12, the Second Saturday Series will feature cellist Lars Hoefs at 4 p.m. All are welcome—invite your friends. Look for flyers in the bulletin, Narthex or an Evite in your email box.

"Mystery at the Bar S Ranch", Fellowship Hall, **June 13, 4 p.m.** Join us for dessert and an interactive theater performance to benefit the Second Saturday Series concerts. The clock will be turned back over 100 years by a talented cast; a murder is reported and you, the audience, are the jury! While enjoying your dessert, various suspects and witnesses will be questioned. Come enjoy an afternoon of fun! Tickets are just \$20 per person, purchased from the Church Office. All tickets will be held at Will Call the day of the performance. Flyers are available in the Narthex to share with friends.

The next L.A. Forum on Saturday, **June 26, 3 p.m.** will feature Trisha Famisaran and Edward Guzman, Ph.D. candidates at Claremont Graduate School. Their topic is "Adventism and Philosophy." All are welcome.

Have you checked our Church's website recently (www.glendalecitysda.com)? There have been several additions, including our **Motto** and our **Mission Statement**, as well as descriptions of our **Sabbath School programs** and links to **brief biographies for each of the pastoral staff** (see "About Us", "Sabbath School"). Please give us your feedback through the website or by contacting the pastoral staff or church office.

End It Now is a global campaign to raise awareness and advocate for the **end of violence and abuse against women and girls** around the world. This campaign, which extends to over 200 countries and territories, was launched by ADRA and the GC Women's Ministries Department. The campaign is the most important stand the Adventist Church has ever taken regarding violence against women and girls, a serious issue affecting Church and non-Church members alike. Through this campaign, more than 15 million members are expected to sign a U.N. petition to take a stand against global violence to women and girls. **Please sign the form** posted in the Narthex (you may sign more than once), to show your stand against this violence, and/or sign the petition on the Church's website at <http://www.enditnow.org> before October 13.

On **Wednesday, June 23 at 6:30 p.m.** there will be a **special Church Business Meeting** in the Multipurpose Room. At that time we will discuss several items of significant importance to our church for which we need your input. There will be a meeting of the **Church Board at 7:30 p.m. immediately following** the Business Meeting. **All are invited and encouraged to attend** these very important meetings.

On **Sabbath June 26** the Church will **recognize this year's graduates** from all levels — Kindergarten through College. Please inform the Church Secretary as soon as possible if you would like to have someone recognized, so that we can plan accordingly.