

Order of Worship

10:45 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “Prelude in G Major, BWV 541” *J. S. Bach*

Opening Hymn “O for That Flame of Living Fire” No. 264

Invocation

Almighty and ever living God,
ruler of all things in heaven and earth,
hear our prayers for this church family.
Holy God, for the sake of your Son, Jesus Christ
be present among us today as we seek you.

Greetings & Prayers of the Congregation Michael Quishenberry
(please remain standing for prayer)

Prayer Response

O Jesus, blest Redeemer, sent from the heart of God,
Hold us, who wait before Thee, near to the heart of God.

Gifts of the Congregation Cherise Gardner

Worship in Music “Come Now, Savior of the World” *J. S. Bach*
Jeffrey Kaatz, *cello*; Karen Kaatz, *piano*

Call to Offering Paul Chilopoulos

Offertory “After a Dream” *G. Fauré*
Jeffrey Kaatz, *cello*; Karen Kaatz, *piano*

Scripture Reading Acts 2:14-21 Kenneth Webber

Worship in Music “The Swan” *C. Saint-Saëns*
Jeffrey Kaatz, *cello*; Karen Kaatz, *piano*

Sermon “And All Who Call on God Will Be Saved” Smuts van Rooyen

Closing Hymn “Spirit of God” No. 266

Benediction Smuts van Rooyen

Musical Response

Postlude “Fanfare” *Nicolas Lemmens*

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Doug Schultz

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Bell Choir	Call Ariel Quintana	Friday at 8:00 pm
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children's Ministries (909-809-7439)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

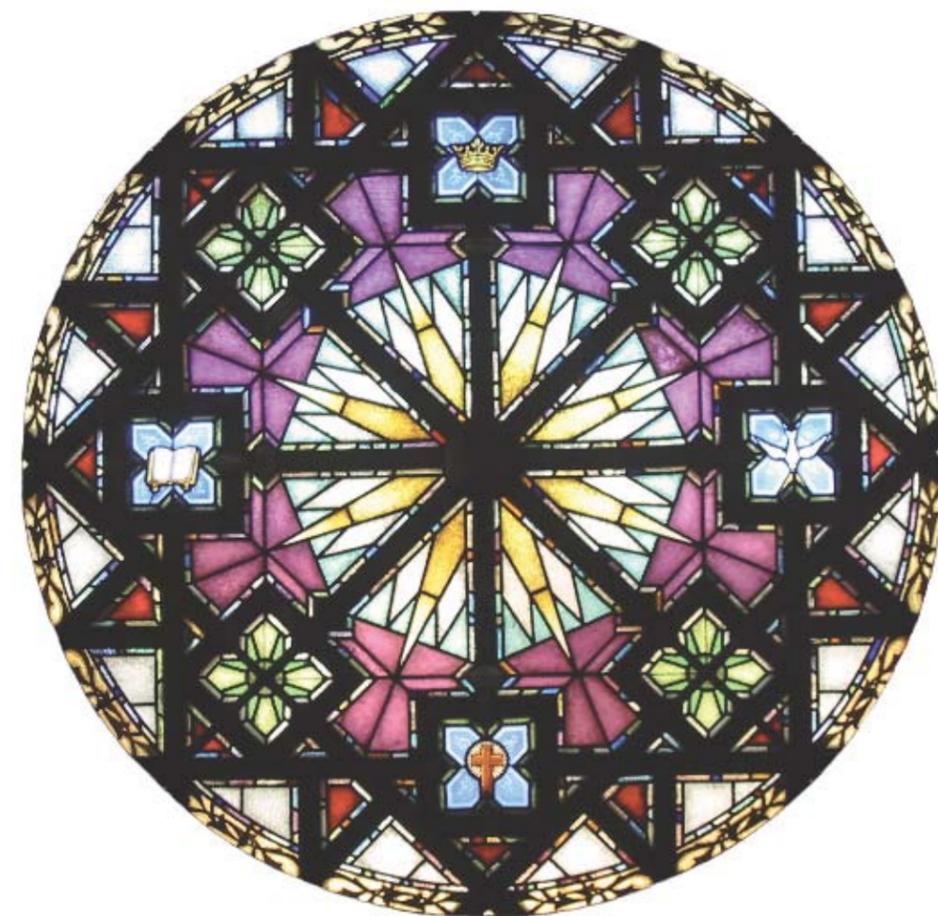
Head Elder Don Greathouse (626-796-8579)
Head Deacon John Nielsen (818-904-0825)
Head Deaconess Eleanor Posner (818-281-5822)
Church Board Chair Vincent Haynes (213-276-2131)
Choir Director Brenda Mohr (brendajmohr@gmail.com)
Organist Kemp Smeal (714-658-4885)
Children's Choir Director Julaine Chilopoulos (818-888-8325)
Bell Choir Director Ariel Quintana (818-552-2421)
Secretary Victoria Lucero (818-244-7241 office)
Treasurer Dean Vendouris (818-244-7241 office)
Church Clerk Mindi Rüb (mindilus@mac.com)
A+ School Board Chair Beverly Tarr (626-449-7319)
A+ School Principal Anoosh Keshishzade (818-241-9353 school)
Pathfinder Director Warren Dale (818-384-2820)
Facilities Administrator Wayne Libby (818-522-4297)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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Glendale City Seventh-day Adventist Church



June 26, 2010

“Revealing Christ, affirming all.”

Scripture Reading

Acts 2:14-21

Then Peter stood up with the Eleven, raised his voice and addressed the crowd: “Fellow Jews and all of you who live in Jerusalem, let me explain this to you; listen carefully to what I say.

These men are not drunk, as you suppose.

It’s only nine in the morning!

No, this is what was spoken by the prophet Joel:

**‘In the last days, God says,
I will pour out my Spirit on all people.
Your sons and daughters will prophesy,
your young men will see visions,
your old men will dream dreams.**

Even on my servants, both men and women,
I will pour out my Spirit in those days,
and they will prophesy.

**I will show wonders in the heaven above
and signs on the earth below,
blood and fire and billows of smoke.**

The sun will be turned to darkness
and the moon to blood
before the coming of the great and glorious day of the Lord.

**And everyone who calls
on the name of the Lord will be saved.’”**



Glendale City Health Education Program Says...

You know it's important...

The Advantages of Exercise, Part VIII

For the past several weeks we’ve discussed the stages we all go through each time we intentionally change our behavior. Whether improving our financial situation, relationships, or health habits, we move through five stages of change: 1) *I’m not thinking about changing*; 2) *I’ll consider it*; 3) *I’m getting ready*; 4) *Look! I’m doing it!* and 5) *I’ve been doing it for 6 months or longer!* We’ve learned specific processes for each stage with techniques to move forward through each stage to reach our goal — in this case, consistent exercise. It’s natural that at some point, your commitment may waiver, but with some “right” thinking and action, you can get back on track.

1. A lapse doesn’t mean failure. Only 20% of the population permanently conquers long-standing negative health habits on the first try. As Phyllis Diller, the famous comedienne said, “There is no such thing as failure—only people who quit.”

2. Guilt and self-blame are ineffective in successful behavior change. Rather, “accountability breeds response-ability” (Stephen R. Covey).

3. It only takes a moment to change your life for good. And that moment is a choice. Five years of not exercising is 1,825 days of “inertia”. A lifetime of walking began when you, the child, took your first step. “All that is necessary to break the spell of inertia and frustration is to – act as if it were impossible to fail” (Dorothea Brande).

4. Transform distress. The most common cause of relapse is distress. Research has shown that anger, anxiety, depression, loneliness, and other emotional issues are involved in 60-70% of relapses. Identify the sources of distress, learn healthy ways to cope with intense emotions, and take action. “I just don’t want to be the damsel in distress. I’ll scream on the balcony, but you’ve got to let me do a little action here” (Kirsten Dunst).

5. Enjoy the journey. We live in a society that expects overnight results. Lasting change takes an average of 6 months of concerted action before moving into maintenance. Along the way there will be ups, and maybe some downs. Both are opportunities to learn from what works and what doesn’t work so that correct action can be taken again. “The journey between what you once were and who you are now becoming is where the dance of life really takes place” (Barbara Deangelis).

Success is not an issue of luck or willpower; it requires the “right” attitudes, thinking, and actions. It takes time and effort. As hairstylist Vidal Sassoon said, “The only place where success comes before work is in the dictionary.” You may not wish to compete in bodybuilding or beauty pageants (yes, they have them for *all* ages, including Seniors — Google it and be amazed!). But adopting an exercise program will reward you with many years of health and vitality. So let’s keep moving! ☺

City Church Announcements

We warmly welcome our **guest musicians today, Jeffrey Kaatz and his wife Karen!** Jeffrey serves as the Vice President for Advancement at La Sierra University, and Karen is employed as a teacher at Loma Linda Academy.

Today the Church recognizes this year’s graduates from all levels — Kindergarten through College. Congratulations to all graduates!

Today is the official opening of the Youth Room. All church members are invited to come down and see the new Youth Room after Worship Service and during Potluck. The new Youth Room is located under the Fellowship Hall and the A+ Principal’s office, the first rooms at the bottom of the staircase. There will also be a **Youth Cooking School** tonight (6 p.m.) sponsored through the Health Education program, and a lock-in **game night**.

Today there will be a Potluck after the service, followed by the L.A. Forum at 3 p.m., featuring Trisha Famisaran and Edward Guzman, Ph.D., candidates at Claremont Graduate University. Their topic is “Adventism and Philosophy.” All are welcome.

Donald Deane Doty, Sr., MD, long-time City Church member, passed away on May 14. There will be a **memorial service today** at 6 p.m. in the Chapel. In lieu of flowers, please send donations to the Dr. Donald D. Doty Memorial Fund, care of Glendale Adventist Academy.

Long-time Church member, **Dr. Anthony Peters,** passed away this week. The **memorial service** will be held in this Sanctuary **next Sabbath, July 3** at 1:30 p.m.

Let us keep in our prayers and thoughts all who are involved with the quinquennial **General Conference Session** being held in Atlanta, Georgia, June 23–July 3.

Student Assistance Applications: Due date is **next Sabbath, July 3.** Applications may either be picked up at the Church Office or mailed to you.

End It Now is a global campaign to raise awareness and advocate for the **end of violence and abuse against women and girls** around the world. This campaign, which extends to over 200 countries and territories, was launched by ADRA and the GC Women’s Ministries Department. The campaign is the most important stand the Adventist Church has ever taken regarding violence against women and girls, a serious issue affecting Church and non-Church members alike. Through this campaign, more than 15 million members are expected to sign a U.N. petition to take a stand against global violence to women and girls. **Please sign the form** posted in the Narthex (you may sign more than once), to show your stand against this violence, and/or sign the petition on the Church’s website at <http://www.enditnow.org> before October 13.

Church member **Nita Westphal** recently moved out to Tustin and would welcome any **cards, letters, or phone calls.** You may contact her at 6 Via del Sud, Tustin, CA 92780, phone number 714-573-8019.

Church member **Jean McVeigh,** who lives in Burbank, is in **need of transportation** to the weekly worship service. If you can provide a ride, please contact the church office for further detail.

Upcoming Sermons & Events

Elder of the Day	Michael Quishenberry
July 3	“A Celebration of the American Dream” Leif Lind
July 10	Communion Smuts van Rooyen
July 17	Michael Quishenberry
July 24	Smuts van Rooyen
July 31	Smuts van Rooyen

Sunset tonight – 8:09 p.m. Sunset next Friday – 8:08 p.m.