

## Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

<b>Prelude</b>	“Voluntary in D Major”	<i>George Dyson</i>
<b>Opening Hymn</b>	“The Church Has One Foundation”	No. 348
<b>Call to Worship</b>	Smuts van Rooyen	
	For as high as the heavens are above the earth, <b>so great is his love for those who fear him;</b> as far as the east is from the west, <b>so far has he removed our transgressions from us.</b> <b>Praise the Lord, O my soul.</b> — Ps 103	
<b>Greetings &amp; Prayers of the Congregation</b>	Hugh Gardner <i>(please remain standing for prayer)</i>	
<b>Prayer Response</b>	Spirit of the Living God, fall afresh on me! Spirit of the living God, fall afresh on me! Break me, melt me, mold me, fill me! Spirit of the living God, fall afresh on me!	
<b>Anthem</b>	“Immortal, Invisible”	<i>Eric Thiman</i>
<b>Call to Offering</b>	Dave Ferguson	
<b>Offertory</b>	“Precious Lord” Daniel Chaney, <i>solo</i>	<i>Traditional</i>
<b>Children’s Sermon</b>	Cherise Gardner	
<b>Anthem</b>	“My Shepherd Will Supply My Need”	<i>Virgil Thomson</i>
<b>Scripture Reading</b>	<b>Psalm 84:1-3, 10-12</b>	Larry McFarland
<b>Sermon</b>	“How Lovely Is Your Dwelling Place”	Smuts van Rooyen
<b>Closing Hymn</b>	“O Zion, Haste”	No. 365
<b>Benediction</b>	Smuts van Rooyen	
<b>Musical Response</b>		
<b>Postlude</b>	“Fugue in C (Sonata II)”	<i>Felix Mendelssohn</i>

## Sabbath School Options

<u>Class</u>	<u>Age</u>	<u>Location</u>	<u>Symbols/Leaders</u>
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Chapel	S. P'dena Cancer Center
SS Quarterly	General	Sanctuary	Michael Quishenberry

## Worship Options

<u>Option</u>	<u>Location</u>	<u>Sequence</u>
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

## Activities

<u>Event</u>	<u>Location</u>	<u>Sequence</u>
Bell Choir	Call Ariel Quintana	Friday at 8:00 pm
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

## Church Directory

### Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)  
Cherise Gardner, Family & Children’s Ministries (626-484-8436)  
Leif Lind, Church Administrator (909-557-5230)  
Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)  
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)  
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

### Officers

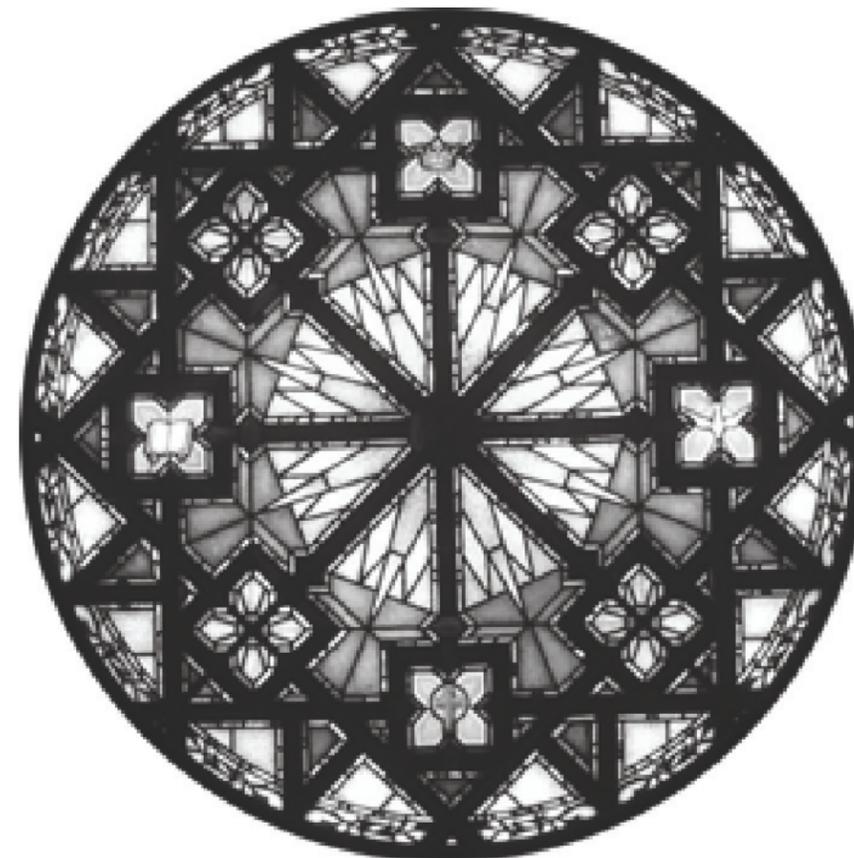
Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Choir Director	Brenda Mohr (brendajmohr@gmail.com)
Organist	Kemp Smeal (714-658-4885)
Bell Choir Director	Ariel Quintana (818-552-2421)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Principal	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (818-522-4297)

### Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.  
Cover art by Sue Henson, 2000. All rights reserved.

610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485  
E-Mail: secretary@glendalecitysda.com • Website: www.glendalecitysda.com

# Glendale City Seventh-day Adventist Church



## October 9, 2010

*“Revealing Christ, affirming all.”*

## Scripture Reflection

### Psalm 84:1-3, 10-12

How lovely is your dwelling place,  
O LORD Almighty!

**My soul yearns, even faints,  
for the courts of the LORD;  
my heart and my flesh cry out  
for the living God.**

Even the sparrow has found a home,  
and the swallow a nest for herself,  
where she may have her young—  
a place near your altar,  
O LORD Almighty, my King and my God.

**Better is one day in your courts  
than a thousand elsewhere;  
I would rather be a doorkeeper in the house of my God  
than dwell in the tents of the wicked.**

For the LORD God is a sun and shield;  
the LORD bestows favor and honor;  
no good thing does he withhold  
from those whose walk is blameless.

**O LORD Almighty,  
blessed is the man who trusts in you.**



## Second Anthem

My Shepherd will supply my need, Jehovah is His name.  
In pastures fresh He makes me feed, Beside the living stream.

He brings my wand'ring spirit back, When I forsake His ways.  
And leads me for His mercy's sake In paths of truth and grace.

When I walk through the shades of death, Thy presence is my stay.  
One word of Thy supporting breath, Drives all my fears away.

Thy hand in sight of all my foes, Doth still my table spread.  
My cup with blessings overflows, Thine oil anoints my head.

The sure provisions of my God, Attend me all my days.  
O may Thy house be my abode, And all my work be praise.

There would I find a settled rest, While others go and come.  
No more a stranger nor a guest, But like a child at home.

## Glendale City Health Education

### October is Breast Cancer Awareness Month

Early detection of breast cancer plays a key role in saving thousands of lives each year. Unfortunately, there have been contradictory messages from the government and published studies regarding the need for a monthly breast self-exam, which may have misled women (and men) to neglect practicing good breast health.

The American Cancer Society (ACS) recommends that women begin the practice of monthly breast self-examination (BSE) in their 20s. About 50% of women practice monthly BSE. Barriers to performing BSE include low perceived benefits of the practice, embarrassment, not remembering to do it, lack of confidence in one's ability to perform BSE and identify lumps, and fear of finding breast lumps. If this sounds like you, how can you increase your perception of the benefit of BSE? How can you set up a monthly reminder to do BSE? And how can you gain skill/confidence in doing the exam? In addition, studies have found that women over the age of 40 were less likely than younger women to practice BSE. Given that the risk of breast cancer increases with age, older women should not stop the practice of monthly BSE.

The purpose of BSE is to know your own body and what is normal for you so that any changes can be reported to your doctor right away. A change could include a new lump or mass; swelling; skin irritation or dimpling; pain; redness, scaliness or thickening of the skin; or a discharge other than when nursing. The most common sign of breast cancer is a new lump or mass that is usually characterized as painless, hard, and has uneven edges.

Be alert, but not alarmed. A change does not necessarily mean cancer, but should prompt you to see your physician. For more information, contact your physician and/or local ACS ([www.cancer.org/Cancer/BreastCancer](http://www.cancer.org/Cancer/BreastCancer)). For instruction on how to conduct a BSE, visit <http://www.imaginis.com/breast-health/breast-self-examination-video>.

**October 15, 2010 is National Mammography Day.** Medicare, Medicaid, and most private health plans cover all or part of the cost. For women without health insurance or who don't have coverage, free or low cost testing is available through the National Breast and Cervical Cancer Early Detection Program (NBCCDEOP) created by the Centers for Disease Control and Prevention (CDC). Contact the CDC at 1-800-232-4636.



Mark your calendars for November 6, 2010: Bruce Nelson from Glendale Adventist Medical Center will speak on "A New Kind of Spiritual Care" (spirituality and health) from 9:30 to 10:30 a.m.

## City Church Announcements

*"All are welcome — whoever you are, whatever your journey or background.  
God excludes no one, and neither do we."*

**Pulpit flowers.** There is still time to sponsor flowers for 2010. Sign-up in the Narthex or call the Church Office to reserve your Sabbath.

Remember the **Second Saturday Concert Series** at 4 p.m. this afternoon when Kemp Smeal will be performing!

If you have **borrowed a Bible or hymnal from the pews**, we hope you have been enjoying reading them, but please return them to the church, as we need them back! Several have been disappearing over time.

**Conference Business Directory.** The Southern California Conference is planning to produce a business directory which will contain the names and contact information of church members who offer specialized services in their fields of training or business. Please feel free to drop off your business card or information into the specially marked box at the back of the sanctuary after the church service is finished, speak to one of the pastoral staff, or log on to <http://sccasi.adventistfaith.org> to give your information.

Please note that the **next Church Board meeting** will take place on Tuesday, October 19 at 7 p.m.

**Today is the last day** to sign the **End It Now** global campaign to raise awareness and advocate for the **end of violence and abuse against women and girls** around the world. This campaign, which extends to over 200 countries and territories, was launched by ADRA and the GC Women's Ministries Department. The campaign is the most important stand the Adventist Church has ever taken regarding violence against women and girls, a serious issue affecting Church and non-Church members alike. Through this campaign, more than 15 million members are expected to sign a U.N. petition to take a stand against global violence to women and girls — Glendale City has already sent in several signatures. **If you have not already done so, please consider signing the form** posted in the Narthex (you may sign more than once), to show your stand against this violence, and/or sign the petition on the Church's website at <http://www.enditnow.org>.

## Upcoming Sermons & Events

**Elder of the Day**  
**October 16**  
**October 23**

Michael Quishenberry  
**Communion**  
Smuts van Rooyen

**Sunset tonight – 6:29 p.m. Sunset next Friday – 6:20 p.m.**