

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “Praiseto the Lord the Almighty” *Johann Walther*

Opening Hymn “Let All Things Now Living” No. 560

Call to Worship Smuts van Rooyen

This is the day that God has made;

let us rejoice and be glad in it.

○ come, let us worship and bow down;

let us kneel before God, our Maker. —Ps. 118, 95

Greetings & Prayers of the Congregation Leif Lind

(please remain standing for prayer)

Prayer Response

Spirit of the Living God, fall afresh on me!

Spirit of the living God, fall afresh on me!

Break me, melt me, mold me, fill me!

Spirit of the living God, fall afresh on me!

Anthem “Now Let Us All Praise God and Sing” *Gordon Young*

Call to Offering

Offertory Abdiel Gonzalez

Children’s Sermon Cherise Gardner

Anthem “Autumn Carol” *R. S. Widmar*

Sing to the Lord of harvest, sing songs of love and praise.

With joyful hearts and voices your alleluias raise.

In God the rolling seasons in steadfast order move.

Sing to the Lord of harvest a joyous song of love.

The clouds break forth with raining, the deserts bloom and spring,

the hills leap up in gladness, the valleys laugh and sing.

God fills them with abundance and nature’s gifts increase.

The year is crowned with goodness, with plenty and with peace.

Bring to this sacred altar the gifts God’s goodness gave,

the golden sheaves of harvest, the souls Christ died to save.

Your hearts lay down in offering as at his feet you fall.

With holy lives adore him who gave his life for all.

Scripture **Jonah 2:1-10, NRSV** Hugh Gardner

Sermon “Thanks Rising from the Roots of the Mountains” Smuts van Rooyen

Closing Hymn “For the Beauty of the Earth” No. 565

Benediction Smuts van Rooyen

Musical Response

Postlude “Première Suite–Rondeau” *Jean Mouret*

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Chapel	Leif Lind
SS Quarterly	General	Sanctuary	Smuts van Rooyen

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Bell Choir	Call Ariel Quintana	Friday at 8:00 pm
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Choir Director	Brenda Mohr (brendajmohr@gmail.com)
Organist	Kemp Smeal (714-658-4885)
Bell Choir Director	Ariel Quintana (818-552-2421)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Principal	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (818-522-4297)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.

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Glendale City Seventh-day Adventist Church



Give Thanks

November 27, 2010

“Revealing Christ, affirming all.”

Scripture Response

Jonah 2:1-10, NRSV

A Psalm of Thanksgiving

Then Jonah prayed to the Lord his God from the belly of the fish, saying,

**'I called to the Lord out of my distress,
and he answered me;
out of the belly of [the grave] I cried,
and you heard my voice.**

You cast me into the deep,
into the heart of the seas,
and the flood surrounded me;
all your waves and your billows passed over me.

Then I said, "I am driven away from your sight;
how shall I look again upon your holy temple?"

**The waters closed in over me;
the deep surrounded me;
weeds were wrapped around my head
at the roots of the mountains.
I went down to the land
whose bars closed upon me for ever;
yet you brought up my life from the Pit,
O Lord my God.**

As my life was ebbing away,
I remembered the Lord;
and my prayer came to you, into your holy temple.
Those who worship vain idols forsake their true loyalty.
**But I with the voice of thanksgiving
will sacrifice to you;
what I have vowed I will pay.
Deliverance belongs to the Lord!**

Then the Lord spoke to the fish, and it spewed Jonah out upon the dry land.



Glendale City Health Education: Holiday Eating, Part 4

How was your Thanksgiving? Were you determined to eat responsibly or were there just too many temptations to overindulge and overeat? If you find yourself in the latter category, and if you saw the scales go up, use this week to get back on track. Daily cutting back just 150 calories and walking just one extra mile could result in a 1/2-pound weight loss in one week. And since Thanksgiving meals may have more salt than you're used to consuming, remember to drink at least 8 glasses of water (follow your doctor's advice if on a restricted fluid intake) to flush out excess sodium. Now as we move into the Christmas festivities filled with parties, baking, and gifts of goodies, we all need an anchor or two to keep us from drifting in a sea of too many calories. Select a powerful anchor that works for you.

- Waste goes to waist. – *Anonymous*
- Bigger snacks mean bigger slacks. – *Anonymous*
- Take twice as long to eat half as much. – *Anonymous*
- A diet is the penalty we pay for exceeding the feed limit. – *Anonymous*
- Take care of your body. It's the only place you have to live. – *Jim Rohn*
- If hunger is not the problem, then eating is not the solution. – *Anonymous*
- Life itself is the proper binge. – *Julia Child*
- Treat treats as treats. – *Michael Pollan*
- It's better to laugh and giggle than to eat more and jiggle. – *Daniel Worona*
- The banquet is in the first bite. – *Michael Pollan*



A new documentary *Forks Over Knives* (in theaters early 2011) will show December 6, 7 p.m. at Glendale Adventist Medical Center. The film features the latest on nutrition, lifestyle research, and personal stories of people who changed their lifestyles and subsequent health outcomes. Free admission. Info/reservations: 818-409-8100.

On December 11 following **Potluck**, plan to stay for the cooking demonstration featuring gourmet vegetarian soups.

Upcoming Sermons & Events

Elder of the Day
December 4

Hugh Gardner
Gerard Kiemeney

Sunset tonight – 4:44 p.m. Sunset next Friday – 4:43 p.m.

City Church Announcements

*"All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we."*

DON'T FORGET! HOLIDAY NOTICES

L.A. Adventist Forum will take a break for the holidays in November and December. New session will start January 2011.

Potluck will be on the second Saturday, December 11.
All welcome—see you there!

Second Saturday Series will take a break for the holidays in December. New season starts in January with Christoph Bull, organist in residence at Royce Hall, UCLA.

Annual Glendale City Christmas Concert presents Handel's Christmas *Messiah*, Friday, December 3, at 7 p.m., featuring the Church Sanctuary Choir, the Glendale Academy Chorale, soloists, and orchestra. Brenda Mohr, *conducting*; Kemp Smeal, *organ*. Invite your family and friends for the concert to start the Holiday Season. Extra flyers to hand out can be found in the Narthex.

Next Sabbath, December 4, we will have featured music by pianist, evangelist, and teacher Gerald Babanezhad. Gerald will play a selection during our Worship Service and that afternoon will hold a concert of sacred piano music in the Sanctuary, 2 p.m. The concert is an outreach of "A Sure Harvest" ministry that proclaims the Gospel to the Armenian, Iranian, Russian, and English-speaking audiences. All are welcome!

Candelight Christmas Concert, Vallejo Drive, Saturday, December 18, 4 p.m. This program is sure to delight you with traditional lessons and carols and music of the Advent of Jesus' birth, featuring the Vallejo Drive Chancel, Bell Choir & Brass Ensemble.

For Rent. Studio apartment in Glendale with separate entrance, floors, central a/c & heat, utilities included. Call 818-243-9266.

Pledge Cards. A huge thank you to those who turned in the October Pledge Card for Church Budget. There is still an opportunity to make a pledge. If you have a Pledge Card, you may place it in the offering or mail it to the Church Office. If you need another card, see one of the pastoral staff or contact the Church Office.

Financial Snapshot

Budgeted Income – \$33,247

Gifts Received – \$35,616

Tithe

through October 2010 – \$361,978

through October 2009 – \$388,010