

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude "Amazing Grace" *arr. Melvin West*
Taylor Ruhl, *organist*

Opening Hymn "Praise, My Soul, the King of Heaven" No. 4

Invocation Smuts van Rooyen
We have gathered to worship
to listen
to covenant
to praise your name
to remember our heritage
to celebrate our destiny.
Oh God, we joyfully receive your grace.

Greetings & Prayers of the Congregation Leif Lind
(please remain standing for prayer)

Prayer Response (No. 684)
Hear our prayer, O Lord, hear our prayer, O Lord,
Incline Thine ear to us, and grant us Thy peace.

Anthem "I Believe In Christ" *John Longhurst*
arr. Mack Wilberg

Call to Offering Vincent Haynes

Offertory "Bring Him Home" *Schönberg, Kretzmer,*
Jesse Martin, *solo* *& Boublil*

Children's Choir "The Tree Song" Ken Medema
Soloists: Hannah Goulmassian, Shelby Mumford, Jamie Quishenberry
"Santo, Santo, Santo" *Argentine folk tune;*
arr. Parish

Children's Sermon Cherise Gardner

Anthem "O How Amiable" (Ps. 84, 90) *R. Vaughan Williams*

Scripture Isaiah 35:1-10 Hugh Gardner, Leif Lind

Sermon "And Grace Will Lead Me Home" Smuts van Rooyen

Closing Hymn "Amazing Grace" No. 108

Benediction Smuts van Rooyen

Musical Response

Postlude "Rondo in G" *John Bull*

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	—
Romanian	General	Room 13	—
Pastor	General	Fellowship Hall	—
SS Quarterly	General	Sanctuary (combined)	Rudy Torres

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children's Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarra an, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

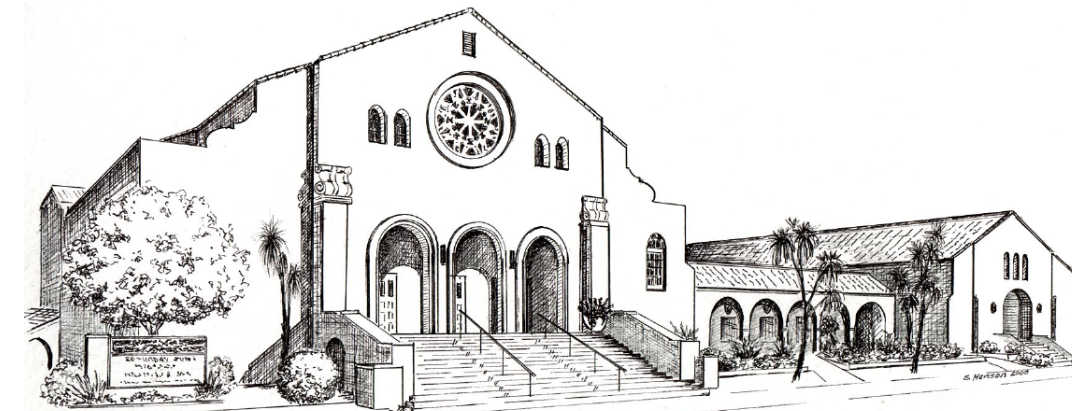
Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Sanctuary Choir Director	Jean-Sébastien Vallée (831-420-7584)
Children's Choir Director	Lissie Quishenberry (lissie@crazyladymusic.com)
Organist	Kemp Smeal (714-658-4885)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Principal	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (818-522-4297)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485
E-Mail: secretary@glendalecitysda.org • Website: www.glendalecitysda.org

Glendale City Seventh-day Adventist Church's HOMECOMING Celebration



"Bring Them Home"

February 12, 2011

"Revealing Christ, affirming all."

Responsive Reading

Isaiah 35:1-10



the desert and the parched land will be glad;
the wilderness will rejoice and blossom.
Like the crocus, it will burst into bloom;
it will rejoice greatly and shout for joy.
**The glory of Lebanon will be given to it,
the splendor of Carmel and Sharon;
they will see the glory of the LORD,
the splendor of our God.**

Strengthen the feeble hands,
steady the knees that give way;
say to those with fearful hearts,
“Be strong, do not fear;
your God will come,
he will come with vengeance;
with divine retribution
he will come to save you.”

**Then will the eyes of the blind be opened
and the ears of the deaf unstopped.
Then will the lame leap like a deer,
and the mute tongue shout for joy.**
Water will gush forth in the wilderness
and streams in the desert.
The burning sand will become a pool,
the thirsty ground bubbling springs.
In the haunts where jackals once lay,
grass and reeds and papyrus will grow.

And a highway will be there;
it will be called the Way of Holiness;
it will be for those who walk on that Way.
The unclean will not journey on it;
wicked fools will not go about on it.
No lion will be there,
nor any ravenous beast;
they will not be found there.
**But only the redeemed will walk there,
and those the LORD has rescued will return.**
**They will enter Zion with singing;
everlasting joy will crown their heads.
Gladness and joy will overtake them,
and sorrow and sighing will flee away.**

Closing Hymn No. 108: “Amazing Grace”

1. Amazing grace! how sweet the sound,
That saved a wretch like me!
I once was lost, but now am found,
Was blind, but now I see.
2. 'Twas grace that taught my heart to fear,
And grace my fears relieved;
How precious did that grace appear
The hour I first believed!
3. The Lord has promised good to me,
His word my hope secures;
He will my shield and portion be
As long as life endures.
4. Through many dangers, toils, and snares,
I have already come;
'Tis grace hath brought me safe thus far,
And grace will lead me home.
5. When we've been there ten thousand years,
Bright shining as the sun,
We've no less days to sing God's praise
Than when we'd first begun.



First Anthem: “I Believe in Christ”

I believe in Christ; he is my King! With all my heart to him I'll sing;
I'll raise my voice in praise and joy, In grand amens my tongue employ.
I believe in Christ; he is God's Son. On earth to dwell his soul did come.
He healed the sick; the dead he raised. Good works were his; his name be praised.

I believe in Christ—my Lord, my God! My feet he plants on gospel sod.
I'll worship him with all my might; He is the source of truth and light.
I believe in Christ; he ransoms me. From Satan's grasp he sets me free,
And I shall live with joy and love In his eternal courts above.

I believe in Christ; he stands supreme! From him I'll gain my fondest dream;
And while I strive through grief and pain, His voice is heard: “Ye shall obtain.”
I believe in Christ; so come what may, With him I'll stand in that great day
When on this earth he comes again To rule among the sons of men.

Second Anthem: “O How Amiable” (Psalm 84, 90)

O how amiable are thy dwellings: thou Lord of hosts!
My soul hath a desire and a longing to enter into the courts of the Lord:
My heart and my flesh rejoice in the living God.
Yea, the sparrow hath found her a house,
and the swallow a nest where she may lay her young:
even the altars, O Lord of hosts, my King and my God.
Blessed are they that dwell in thy house: they will be always praising thee.
The glorious Majesty of the Lord our God be upon us:
prosper thou the work of our hands upon us.
O prosper thou our handywork.
O God our help in ages past, Our hope for years to come,
Our shelter from the stormy blast, And our eternal home.

City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.”*

We thank **Dr. Charles Witt**, longtime church member, for the **piano interlude** this morning, preceding the 10:50 organ prelude.

Flower Calendar. Do you have a special event that you would like to commemorate? Please do so by helping to sponsor the pulpit flowers! You can sign up on the calendar chart in the Narthex, printing your name and event clearly so we can use that information in the bulletin describing the occasion to remember.

Potluck. There is no potluck for February. Please take advantage of the **Homecoming Luncheon today** for an extra special fellowship. March 26 will be the next regular potluck meal.

Today's activities: After our Homecoming Luncheon today, there will be a 2:30 p.m. **dedication of the Chapel organ and rededication of the Chapel**, in the Chapel of the Good Shepherd, adjacent to the Sanctuary. The program includes organ selections, the Children's Choir, the Youth Drama Group, and a history of the Chapel. Then at 4:00 p.m., as part of our monthly Second Saturday Concert Series, the **Albert McNeil Jubilee Singers** will be performing a concert with Spirituals in this Sanctuary. All are welcome to both events!

L.A. Adventist Forum, February 26, 3 p.m. Chapel. Speaker Richard Rice, Ph. D., Professor of Religion in the School of Religion, Loma Linda University will present “Forgiveness: The Final Form of Love.” All welcome.

Glendale Academy Band, Chorale and Jazz Band proudly present, “Songs of the Brave (A Musical Tribute to Heroes)” February 26, 7 p.m. at the Hall of Liberty, Hollywood Hills Forest Lawn, 6300 Forest Lawn Drive. Do not miss this outstanding event! \$15 adults, \$10 children (K-12). Proceeds benefit GAA Music Department. For more information 818-244-8671 or gaaband@gmail.com.

New website address for Glendale City Church is glendalecitysda.org. Please re-bookmark City Church to .org

Are you a member of **Friends of Glendale City (SDA) Church on Facebook?** If not, why not? It's easy to become a member; and, as a member, you will receive news about upcoming events, plus you can add comments to the Wall.

SDA member looking for a **5-day a week live-in caregiver** in Canoga Park for elderly father. No personal care is required; duties would include preparing meals, light clean up, monitoring pills. Call Carol Riggins 818-207-9017.

Lost (reading glasses) ... **and found** (another pair of reading glasses)! If this involves you, please see the Church Office for more information.

A+ Adventist Children's Center is seeking a part-time, full-charge bookkeeper with flexible hours. For more information call 818-841-9353 or 818-244-7241.

Upcoming Sermons & Events

Elder of the Day
February 19
February 26

Meredith Jobe
Smuts van Rooyen
Cherise Gardner

Sunset tonight – 5:32 p.m. Sunset next Friday – 5:38 p.m.

Glendale City Health Education: *National Heart Month: Hypertension, Part 2*

High blood pressure (HBP) – hypertension (HPTN) is sometimes called “the silent killer.” The reason is: HBP usually has no symptoms, but can be damaging the arteries throughout the body. Thus, HBP affects the heart, kidneys, and other organs. Consider:

- ◆ 77% of Americans treated for a first stroke, 69% who have a first heart attack, and 75% with congestive heart failure have a blood pressure over 140/90.¹
- ◆ HBP is the second leading cause of kidney failure.¹
- ◆ The risk of cardiovascular disease (CVD) beginning at 115/75 mmHg doubles with each systolic increment of 20 mmHg, and with each diastolic increment of 10 mmHg.²
- ◆ In persons older than 50 years, systolic blood pressure greater than 140 mmHg is a much more important CVD risk factor than diastolic blood pressure.²
- ◆ Raised systolic blood pressure in midlife increases the risk of dementia in late-life.³
- ◆ Persons with hypertension may be 1.5 times more likely to have macular degeneration (eye disease) than persons without hypertension.⁴

Hypertension is described as either primary (essential) or secondary. Only 5-10% of the cases are considered secondary, for which a cause is known. Known causes include: sleep apnea; kidney, thyroid, parathyroid, and other diseases; and drugs/supplements such as steroids, oral contraceptives, decongestants, non-steroidal anti-inflammatories (NSAIDs), licorice and ma haung. The majority of cases (90-95%) are referred to as “primary” because no cause can be found. However, there are known risk factors:

- ◆ Family history of HBP in parents or close blood relatives.
- ◆ Aging and gender: under age 45 more men than women have HBP. From 45-64 the risk is equal for men and women, but after age 64, the risk is much higher for women.
- ◆ Lack of physical activity.
- ◆ Poor diet, including too much salt, and lack of foods rich in calcium and potassium.
- ◆ Overweight (Body Mass Index – BMI between 25 and 30) and obesity (BMI >30).
- ◆ Heavy and regular use of alcohol.
- ◆ Stress (contributing factor).
- ◆ Smoking and second-hand smoke (contributing factor).

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Knowing your numbers can lengthen your life!¹ Blood pressure should be checked annually beginning over age 3, and more often if at risk, pre-hypertensive, or hypertensive. For more information, contact Dr. Kathy McFarland.

1. American Heart Association, www.heart.org. 2. *Seventh Report of the Joint National Committee on Prevention, Detection, and Treatment of High Blood Pressure* (2003). National Heart Lung and Blood Institute. www.nhlbi.nih.gov/guidelines/hypertension. (Note: the Eighth Report will be available for public review and comment in the summer of 2011, with expected release date of Spring 2012.) 3. *Blood pressure: Consequences for individual and society. European Union Public Health Information System*. www.euphix.org. 4. *Macular Degeneration*. The Eye Digest, University of Illinois Eye & Ear Infirmary. www.agingeye.net/maculardegen.

Glendale City Health Education Events

Today—Free blood pressure screening following church service. Stop by the Glendale City Health Education table in the Courtyard.

February 19-21, “Reverse Diabetes, Obesity and Heart Disease Naturally” seminar by health professionals will be held in the City of Industry, California. For more information, call: 800-732-7587.

March 1, 7:00 p.m. Want to reduce your risk for heart disease? Attend the free one-hour information session regarding the Coronary Heart Improvement Project at the Alhambra SDA church. For more information call 818-949-8357 or write AlhambraCHIP@gmail.com

March 5, 6:30 p.m.—Caldwell B. Esselstyn, Jr., M.D., noted author of Prevent and Reverse Heart Disease will speak at the White Memorial Adventist Church. Free parking. For information, call: 818-546-8461; 626-780-2894.

Produced by:

Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*

Contact: Dr. Kathy McFarland

(626) 398-1445, actionsforwellness@sbcglobal.net

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