

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “Sonata I–Pastorale” *Alexandre Guilmant*

Hymn of Praise “Sing Praise to God” No. 29

Invocation Leif Lind

O God of the morning and of the evening hours,
let your Spirit come on us here gathered.

**This is the holy place where we, your people, call on you in faith,
joining heart and voice in thanksgiving and praise to your name.**

Greetings & Prayers of the Congregation Doug Schultz

(please remain standing for prayer)

Prayer Response (No. 100)

Great is thy faithfulness! Great is thy faithfulness!
Morning by morning new mercies I see;
All I have needed Thy hand hath provided,
Great is thy faithfulness! Lord unto me!

Anthem “And the Father Will Dance” *Mark Hayes*

Call to Offering Ronald Mausea

Offertory “There Is a Balm in Gilead” *arr. Wm. L. Dawson*
Charles Lane, *solo*

Anthem “Psalm 150” *César Franck*

Scripture **Jeremiah 1:4-9; Proverbs 31:8-9** Marquita Kibble

Hymn of Meditation “What Joy It Is to Worship Here” No. 586
TUNE: *Jeg er så glad*

Sermon “Be the Difference: Finding Your Voice” Leif Lind

Closing Hymn “There’s a Spirit in the Air” No. 584
TUNE: *Hendon*

Benediction Leif Lind

Musical Response

Postlude “Sonata I–Finale” *Alexandre Guilmant*

Sabbath School Options

<u>Class</u>	<u>Age</u>	<u>Location</u>	<u>Symbols/Leaders</u>
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Meredith Jobe

Worship Options

<u>Option</u>	<u>Location</u>	<u>Sequence</u>
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

<u>Event</u>	<u>Location</u>	<u>Sequence</u>
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

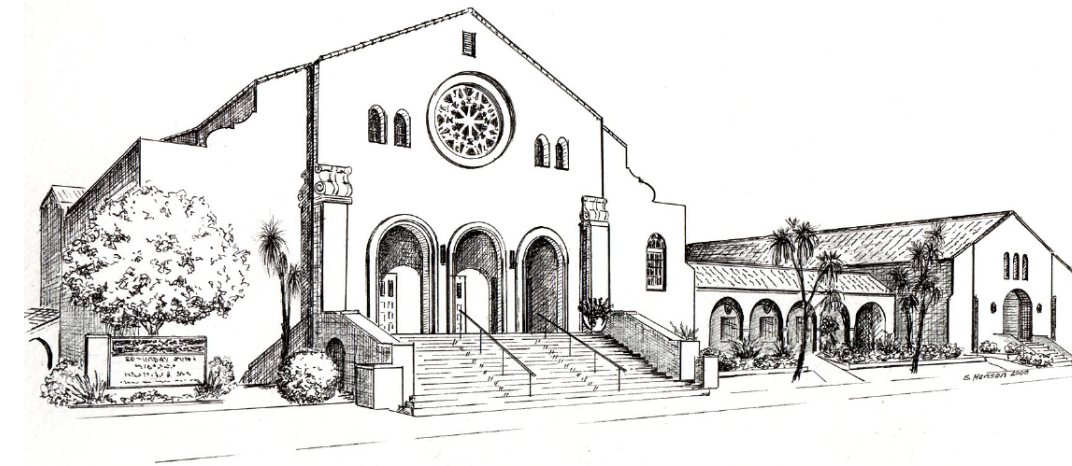
Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Sanctuary Choir Director	Jean-Sébastien Vallée (831-420-7584)
Children’s Choir Director	Lissie Quishenberry (lissie@crazyladymusic.com)
Organist	Kemp Smeal (714-658-4885)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Director	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (760-409-6719)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485
Email: secretary@glendalecitysda.org • Website: www.glendalecitysda.org

Glendale City Seventh-day Adventist Church



April 16, 2011

“Revealing Christ, affirming all.”

Responsive Reading

Jeremiah 1:4-9: The Call of Jeremiah; Proverbs 31:8-9

The word of the LORD came to me, saying,

“Before I formed you in the womb I knew you,
before you were born I set you apart;
I appointed you as a prophet to the nations.”

**“Ah, Sovereign Lord,” I said, “I do not know how to speak;
I am only a child.”**

But the LORD said to me, “Do not say, ‘I am only a child.’
You must go to everyone I send you to and say whatever I command you.
Do not be afraid of them,
for I am with you and will rescue you,” declares the LORD.

**Then the Lord reached out his hand and touched my mouth
and said to me, “Now, I have put my words in your mouth.”**



“Speak up for those who cannot speak for themselves,
for the rights of all who are destitute.

**Speak up and judge fairly;
defend the rights of the poor and needy.”**



Closing Hymn #584 “There’s a Spirit in the Air”

1. There’s a Spirit in the air, telling Christians everywhere
“Praise the love that Christ revealed, living, working in our world.”
2. Lose your shyness, find your tongue; tell the world what God has done:
God in Christ has come to stay, we can see His pow’r today.
3. When believers break the bread, when a hungry child is fed:
Praise the love that Christ revealed, living, working in our world.
4. Still His Spirit leads the fight, seeing wrong and setting right;
God in Christ has come to stay, we can see His pow’r today.
5. When a stranger’s not alone, where the homeless find a home,
Praise the love that Christ revealed, living, working in our world.
6. May His Spirit fill our praise, Guide our thoughts and change our ways.
God in Christ has come to stay, we can see His pow’r today.
7. There’s a Spirit in the air, calling people everywhere;
Praise the love that Christ revealed: living, working in our world.

Fellowship Potlucks

Our once-a-month Fellowship Potlucks are a wonderful opportunity for creating community! Enjoy visiting with new and old members of our Church and getting acquainted with visitors, all while savoring good food. This is also a great day to invite your friends to Church. So please, mark your calendar and plan on joining us in creating and enriching our community! See you there!

Upcoming Potlucks

April 23 @ 12:30 p.m.—A very special Easter Potluck
you will not want to miss!

May 28 @ 12:30 p.m.

Members—we encourage you to bring a main dish
and the Church supplies the rest.

Upcoming Sermons & Events

Elder of the Day		Beverly Tarr
April 23	Easter Sabbath	Dr. Kendra Haloviak
April 30		Mike Quishenberry
May 7		Smuts van Rooyen
May 14		Smuts van Rooyen

Sunset tonight – 7:23 p.m. Sunset next Friday – 7:29 p.m.

City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.”*

Flower Calendar. Do you have a special event that you would like to commemorate? Please do so by helping to sponsor the pulpit flowers! You can sign up on the calendar chart in the Narthex, printing your name and event clearly so we can use that information in the bulletin describing the occasion to remember.

The L.A. Adventist Forum will meet next Sabbath, April 23, at 3 p.m. in the Chapel. The speakers are **Gil Valentine**, Ph.D., Professor and Chairman, Department of Administration and Leadership and **Kendra Haloviak**, Ph.D., Associate Professor of New Testament Studies, both of La Sierra University. The title is "Adventism's Julias." Dr. Haloviak will also be our morning guest speaker for next Sabbath.

“Believers Balancing Addresses” by Pastor Dan Matthews is the next H.M.S. Richards, Jr. Memorial Lecture, **today**, April 16, 4 p.m. at La Sierra University Church. For more information: 951-785-2578.

A memorial service for **Dr. Allen Perry**, who passed away on April 1, will be held at the Eagle Rock Church (2322 Merton Ave.) **tomorrow, Sunday, April 17**, at 1 p.m., with a reception to follow.

Apply for Scholarship Aid. Funds for help with school (grades 9-12 and University) are currently available from The Pacific Union Conference Endowment Scholarship and the Baybarz Scholarship. To request an application form call 818-546-8451. Return the form to the Office of Education at our Conference office, latest by next Thursday, April 21.

Members of the **Music Committee are reminded to meet next Sabbath**, April 23, immediately after the worship service. Members may collect their lunch from the potluck meal in the Fellowship Hall, and proceed to the Council Room for a working luncheon.

Delegates for the 63rd Constituency Session are asked to meet their Constituency Coordinator Dave Ferguson on **Sabbath, April 30** right after the worship service for a brief meeting. Thank you! The Session itself will be held on Sunday, May 15 at the White Memorial.

“It’s a Jungle Out There!” is the theme for **Glendale Adventist Academy & Elementary’s May Festival**, Sunday, May 1, from 11–3 p.m. Parking is \$5.

Canadian University College Choir will be presenting a concert on Friday evening, May 6 at 7 p.m. Please mark your calendars for an inspirational evening of sacred music.

The Albert McNeil Jubilee Singers CDs are now available at the Media Center (three different CDs at \$10-\$15 each).

Glendale City Health Education:

April 2011

Transforming America's Healthcare, Part 3

As health care providers work to comply with adopting electronic health records (EHRs) for each patient, each patient is encouraged to keep his/her own personal health record (PHR). Many of us already store our health information in a file, folder or box. Now we have options for maintaining a PHR electronically. In 2008 only 2.7% of Americans used an electronic PHR, but rose to 7% in 2010 and continues to increase! We'll discuss the benefits of an electronic PHR, the types of information to include, and how to choose an electronic PHR. Throughout this article, PHR will refer to an electronic PHR.

Why use a PHR? Experts say it's important for several reasons: your personal information may be the only source available during a health crisis; it may be more accurate and current than an EHR kept by a provider; and people are more engaged in their own health. A study released by the California HealthCare Foundation (CHCF) found that 56% of those using a PHR say they know more about their own health because of using their PHR. In addition, 40% said they asked a question that they wouldn't have asked otherwise; 38% felt more connected to their physicians; and 32% took actions to improve their health.

What type of information is important to keep in a PHR? Essentially, it is the same information you would keep in paper format – information you want to have in one location to share with healthcare providers, caregivers, or family members, as you deem necessary. This would include: names and phone numbers of people to contact in case of an emergency, doctors, dentist, and other health care providers; health insurance information; current medications including over-the-counter and herbs/supplements, dosages, and frequency; allergies; dates of surgeries, injuries and significant illnesses; important laboratory and imaging results; treatments; immunizations; and family history.

How to choose a PHR? Available personal computer-based PHR ranges from basic word-processing functions to more advanced features that allow you to also encrypt, and import information from other sources. The health history can be printed, copied, and shared. Web-based PHRs are offered through health care organizations such as hospitals, health plans, and physicians. Google Health and Microsoft HealthVault are web-based PHRs available to consumers that allow data to be shared with other health care providers. According to David Bates, "Personal health records can be either linked to electronic health records or stand alone, but linking the two is by far the most useful approach." The Official U.S. government Site for Medicare lists important questions to ask when selecting a PHR:

- What kind of information can be stored in the PHR?
- Can the PHR import claims or medical information from my health plan or providers?
- Other features – can I log blood pressures? Print a medication list? Receive notices and links to applicable health education?
- Can I give permission to my physician and/or family members to view my PHR?
- Is there a monthly or annual cost? Is there an additional cost for features?
- Does my health plan or physician offer a PHR? What happens to my PHR if I change physicians or health plans?
- What happens to the information if the vendor goes out of business or changes ownership?
- What are the privacy and security policies?

Health information technology is transforming health care on a national, community, and individual level. It offers the patient/consumer an opportunity to more control of his/her own health, and improve the quality of care but must ensure security and privacy of information. For more information, contact Kathy McFarland at 626-398-1445 or actionsforwellness@sbcglobal.net.

* Dr. Carolyn Clancy, Agency for Healthcare Research and Quality, <http://www.ahrq.gov/video/personalrecord/indivrecord.html>

* California HealthCare Foundation, <http://www.chcf.org/publications/2010/04/consumers-and-health-information-technology-a-national-survey>

* My Personal Health Record, http://www.myphr.com/StartaPHR/what_is_a_phr.aspx

* <http://www.mayoclinic.com/health/personal-health-record/MY00665/METHOD=print>

* Medicare, www.medicare.gov

* David Bates, Harvard School of Public Health. "Electronic vs. Personal Health Record, What's the Difference?" April 5, 2011, <http://www.hsph.harvard.edu/news/hphr/technological-and-computational-innovations/fall08ehrpersonalvshealth/index.html>

Glendale City Health Education Events

April 23 at 1:40 p.m. following potluck and prior to the Adventist Forum: **Dr. Samudrala** presents the latest on back care. Room location to be announced.

May 6, Los Angeles Area, Forks Over Knives - For those who have been asking when *Forks Over Knives* will be shown commercially in this area, they have listed show times and locations at <http://www.forksoverknives.com/showtimes>. The DVD will be out around Sept. 1.

Produced by: Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.
Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

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