

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “Praise to the Lord/Water Music” *Handel; arr. L. McKechnie*
Taylor Ruhl, *organ*; Leif Lind, *piano*

Hymn of Praise “Joyful, Joyful We Adore Thee” No. 12

Call to Worship Smuts van Rooyen
From God comes the wonder of Creation
We will worship God the Creator
From God comes healing for our brokenness
We will worship God our Redeemer
From God comes the strength to face each new day
We will worship God our Sustainer

Greetings & Prayers of the Congregation Doug Schultz
(please remain standing for prayer)

Prayer Response (No. 100)
Great is thy faithfulness! Great is thy faithfulness!
Morning by morning new mercies I see;
All I have needed Thy hand hath provided,
Great is thy faithfulness! Lord unto me!

Anthem “Onward, Ye Peoples!” *Jean Sibelius*

Call to Offering Louise Jorgensen

Offertory “This Is My Father’s World” *arr. Richard Walter*
Abdiel Gonzalez, *solo*

Children’s Sermon Cherise Gardner

Anthem “Declare Your Praise” (Ps. 51:15) *Mary McDonald*

Scripture **Psalm 51:10-17** Michael & Lissie
Quishenberry

Sermon “Restore to Me the Joy of Your Salvation” Smuts van Rooyen

Closing Hymn “There’s Sunshine in My Soul Today” No. 470

Benediction Smuts van Rooyen

Musical Response

Postlude “Be Still My Soul (Finlandia)” *Sibelius; arr. McKechnie*
Taylor Ruhl, *organ*; Leif Lind, *piano*

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-19 yrs	Room 10b	Fish
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Hugh Gardner

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 am
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 pm
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Dorin Lataeanu, Romanian Senior Pastor (909-528-2545)

Officers

Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Sanctuary Choir Director	Jean-Sébastien Vallée (831-420-7584)
Children’s Choir Director	Lissie Quishenberry (lissie@crazyladymusic.com)
Organist	Kemp Smeal (714-658-4885)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair	Beverly Tarr (626-449-7319)
A+ School Director	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (760-409-6719)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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Glendale City Seventh-day Adventist Church



May 14, 2011

“Revealing Christ, affirming all.”

Responsive Reading

Psalm 51:10-17

Create in me a pure heart, O God,
and renew a steadfast spirit within me.

**Do not cast me from your presence
or take your Holy Spirit from me.**

**Restore to me the joy of your salvation
and grant me a willing spirit, to sustain me.**

Then I will teach transgressors your ways,
so that sinners will turn back to you.

Deliver me from the guilt of bloodshed, O God,
you who are God my Savior,
and my tongue will sing of your righteousness.

**Open my lips, Lord,
and my mouth will declare your praise.**

You do not delight in sacrifice, or I would bring it;
you do not take pleasure in burnt offerings.

**My sacrifice, O God, is a broken spirit;
a broken and contrite heart
you, God, will not despise.**



1st Anthem: "Onward, Ye Peoples!" (Sibelius)

Onward ye peoples strive for the Light!
The Light that the Lord hath given us for our guide;
Who through murk and darkness of night
Hath led us in safety unto our reward.

See how the fiery pillar is gleaming,
Lighting our steps, when dark is the way.
And the Light of the World cleaveth the gloomy blackness of night
That else would engulf us.

See the cloudy pillar to shield us
Safe when the sun would blister us,
Then forward, where faith revealeth the way!
For God is our guide, and He will never fail.

Fires are gleaming, voices are singing
Forth from Mount Neboh's heaven storming heights.
Salem! Salem! Hark, they call us upward and on to our Father's home.

Salem! Salem! on the horizon,
Urging us on to God and our home;
And the heavenly choir doth ring from Mount Neboh.
Piercing the blue like a living light. Amen!

2nd Anthem: "Declare Your Praise"

Praises to the Lord, God, Almighty, King of all creation,
Let us lift our song and voices unto God on high!

Refrain:

Declare your praise to God, Omnipotent for He is excellent and Mighty.
Declare your praise; your voice be jubilant for God is excellent.
Declare, declare your praise!

Praise to God, the Father, Creator; Thou art everlasting.
Joyfully, we lift our voices. Praises now we sing!

Honor and glorify, exalt His Kingdom.
Rejoice and magnify, Glory to the King!

Upcoming Sermons & Events

Elder of the Day

May 21

May 21

May 28

Judson Ravi

Cherise Gardner

"Except 4 Grace" Concert, 2:30 p.m.

Smuts van Rooyen

Sunset tonight – 7:47 p.m. Sunset next Friday – 7:50 p.m.

City Church Announcements

*"All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we."*

New Sermon Series. Pastor Smuts continues a series of sermons today on the *revitalization* of the Church.

Long time Adventist **Olive Canright Harrower** passed away on Monday, April 18. **A memorial service for her will be held today, 2 p.m.** at the Santa Monica SDA Church.

Second Saturday Series today 4:00 p.m. Admission: free-will offering. This month's concert will feature soprano Lori Stinson, a frequent concert and opera soloist both in the greater Los Angeles area and nationwide, together with Kemp Smeal, member of the Los Angeles Chapter of the American Guild of Organists, who has performed in U.S. cities and Europe. A reception will follow in the courtyard. All are welcome!

Delegates for the 63rd Constituency Session are reminded that the meeting will be held **tomorrow, Sunday, May 15, 8 a.m.** at the White Memorial Church (1720 Cesar Chavez Ave, Los Angeles). The session will be completed by lunch.

Next Sabbath, May 21 "Except 4 Grace" Concert, 2:30 p.m. Admission: free-will offering. This gospel music program is sponsored by Missions of Love (www.molmissionsoflove.com), an independently run **Adventist program that helps troubled kids in California** struggling with the disadvantages of poverty, crime, and lack of help with their grades in school. The 501(c)(3) company provides many life-building programs, including mentoring and teaching music (at times, supplying kids with music instruments), health and nutrition, gang intervention and prevention, literacy and language development, English classes, parenting and life skills, spiritual strengthening and guidance, intergenerational activities, and more. The belief that kids can be helped through music is reflected in their ongoing concert tour throughout Adventist and other churches with the *Except 4 Grace Singers*.

The **next L.A. Adventist Forum** will be Sabbath, May 28, at 3 p.m. in the Chapel. The speaker this time is Smuts van Rooyen, Ph.D., Senior Pastor of Glendale City Church. His topic will be: "A Denominational Crisis and Its Aftermath in the Life of One Minister." All are welcome.

Burbank church member needs **transportation to our church on Forum Sabbaths** each month. If you are able to assist, please contact the church office or John Nielsen.

The Albert McNeil Jubilee Singers CDs are now available at the Media Center (three different CDs at \$10-\$15 each).

Local Adventist church member interested in **housekeeping job**; one or two days per week is adequate. For work references or contact phone numbers, please call the church office 818-244-7241.

Fellowship Potlucks

Fellowship Potlucks are a wonderful opportunity for creating community: enjoy visiting with new and old members and getting acquainted with visitors, all while savoring good food. It's also a great day to invite friends. Mark your calendar and join us in creating and enriching our community! **Next potluck: May 28, 12:30 p.m.** **Members:** please bring a main dish; the Church supplies the rest. See you there!

Glendale City Health Education:

May 2011

Spring Into Good Health, Part 2

A family trip to Brainerd, Minnesota as a child is indelibly imprinted on my mind. Not because I remember staying at North Star Camp, or why we went there – I don't. Nor do I remember swimming in the lake, or seeing the head of the Mississippi River. But forever etched in my memory are the biggest mosquitoes I've ever seen: "dive bombers" that attacked with vengeance and left us covered in gigantic welts. California springtime is mosquito season and requires protecting against these pests.

Of the 2,500 worldwide species of mosquitoes, 200 species are found in America and Canada, and 52 species are in California. Difference species cause: malaria; encephalitis; and West Nile, Dengue, and yellow fevers. (Southern California has already had cases of some of these diseases.) Mosquitoes also transmit roundworm (heartworm) to dogs. Once temperatures average 50°F female mosquitoes look for water to lay their eggs. Because they need a blood meal to lay eggs, only female mosquitoes feed on humans. Most stay within a mile or two of their breeding site and have a short flight range of 100-150 yards (a clue to looking for breeding sites).

Several factors attract mosquitoes to their human prey: exhaled carbon dioxide, lactic acid in sweat, body heat, and movement. Hence, exercise – especially at dawn and dusk draws mosquitoes. Other attractants include octenol (a sweet odor in our breath and sweat), foot odor, wearing dark colors or perfume, drinking beer, Limburger cheese, and being near dark foliage. Genetics also plays a role.

To best control mosquitoes, prevent eggs from developing into adults by reducing breeding sources. This includes rain gutters, tree holes, old tires, buckets, empty pots, pool covers, awnings, birdbaths, and ponds. If your property is clear of breeding sources but you still have problems, check with neighbors as most mosquitoes have a short flight range. For five prevention strategies, *Debug the Myths* recommends following 5 "Ds":

1. DRAIN all standing water.
2. Avoid DAWN and DUSK when mosquitoes are most active.
3. DRESS appropriately in long sleeves, pants, socks, and shoes.
4. DEFEND yourself against mosquitoes with an effective repellent
5. DOORS and windows should be in good condition.

Deet remains the standard chemical against which all repellents are compared. In 2005 the CDC recommended alternatives to Deet. Picardin, marketed as Cutter Advanced, can be used with infants older than 2 months. (Netting around infant carriers can be used also.) Repel Lemon Eucalyptus is a most effective natural repellent and can be purchased online, at Target and Wal-Mart. Research on repellents continues to focus on the hundreds of compounds in human odors and essential oils of cloves, thyme, rosemary, and others. However, ingestion of garlic or Vitamin B₁₂ as a repellent is not supported by research. As you spring into good health, remember to protect against mosquitoes. For more information contact Kathy McFarland.

* www.mosquitoes.org

* How Attractive Are You? To Mosquitoes, That Is. Agricultural Research, February 2000 and <http://www.ars.usda.gov/is/AR/archive/feb00/mosq0200.htm>

* California Department of Public Health. www.cdph.gov

* Tis the Season...For Mosquitoes. April 27, 2011. <http://blog.debugthemyth.com/tis-the-season-for-mosquitoes>

* Updated Information regarding Insect Repellents. www.cdc.gov/ncidod/dvbid/westnile/repellentupdates.htm

* Fradin MS, Day JF. Comparative Efficacy of Insect Repellents Against Mosquito Bites. NEJM, 2002;347:13-8.

Glendale City Health Education Events

Every 30 seconds a child dies from malaria, a preventable disease. A **donation of \$10** provides a **mosquito net** to a child in Africa. Go to www.projectmosquitonet.org.

May is National Women's Health Month! "Woman Challenge" and the President's Challenge has a goal of one million Presidential Active Lifestyle Awards (PALAs). To receive a PALA, engage in 2.5 hours of physical activity 6 out of 8 weeks. To register, contact Kathy McFarland.

May 28, after potluck and before Adventist Forum, attend the Cooking Class: Salads Make a Meal.

Missed back copies of our health articles? You can find them on the church website: www.glendalecitysda.com. Under <Main Menu>, click on <Ministries>, <Health Education Ministry>, <Archived Articles>, and then the article you wish to access.

Produced by: Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.
Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

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