

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude	“Psalm 34:6”	<i>Herbert Howells</i>
Call to Worship	We have gathered to worship to listen to covenant to praise your name to remember our heritage to celebrate our destiny. Oh God, we joyfully receive your grace. “Come, let us worship the Lord”	
Hymn of Praise	“Fairest Lord Jesus”	No. 240
Gifts of the Congregation		
Anthem	“Great Is Thy Faithfulness”	<i>arr. David Schwoebel</i>
Call to Offering		Rosalyn Wortham
Offertory	“Bless This House”	<i>Helen Taylor, Jennifer Wallace, mezzo-soprano May H. Brabe</i>
Pathfinders’ Thanksgiving Collection		Warren Dale
Anthem	“Laudate pueri”	<i>W. A. Mozart (from <i>Vesperae solennes de confessore</i>)</i>
Scripture	Matthew 13:44-46;51-53	Linda & Rudy Torres
Sermon	“Coming to Terms With the New”	Smuts van Rooyen
Closing Hymn	“More About Jesus”	No. 245
Benediction		Smuts van Rooyen
Musical Response		
Postlude	“Fugue on the Name of Alain”	<i>Maurice Duruflé</i>

Sabbath School Options

<u>Class</u>	<u>Age</u>	<u>Location</u>	<u>Symbols/Leaders</u>
Beginners	0-3 yrs	Room 3	Elephant
Kindergarten	3-5 yrs	Room 4	Giraffe
Primary	6-9	Room 2	Eagle
Junior	10-12 yrs	Room 1	Lion
Teen	13-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Michael Bandy

Worship Options

<u>Option</u>	<u>Location</u>	<u>Sequence</u>
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

<u>Event</u>	<u>Location</u>	<u>Sequence</u>
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Manea Moldoveanu, Romanian Church representative (562-463-0531)

Officers

Head Elder Don Greathouse (626-796-8579)
Head Deacon John Nielsen (818-605-0057)
Head Deaconess Eleanor Posner (818-281-5822)
Church Board Chair Vincent Haynes (213-276-2131)
Sanctuary Choir Director Jean-Sébastien Vallée (831-420-7584)
Children’s Choir Director Lissie Quishenberry (lissie@crazyladymusic.com)
Organist Kemp Smeal (714-658-4885)
Secretary Victoria Lucero (818-244-7241 office)
Treasurer Dean Vendouris (818-244-7241 office)
Church Clerk Mindi Rüb (mindilus@mac.com)
A+ School Board Chair (interim) Glen Christensen (plbboss@aol.com)
A+ School Director Malisa Smith (818-241-9353 school)
Pathfinder Director Warren Dale (818-384-2820)
Facilities Administrator Wayne Libby (760-409-6719)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.
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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485
Email: secretary@glendalecitysda.org • Website: www.glendalecitysda.org

Glendale City Seventh-day Adventist Church

Thanksgiving Sabbath



November 19, 2011

“Revealing Christ, affirming all.”

Responsive Reading

Matthew 13:44-46; 51-53

“The kingdom of heaven is like treasure hidden in a field.

When a man found it, he hid it again,
and then in his joy went and sold all he had and bought that field.

“Again, the kingdom of heaven is like a merchant looking for fine pearls.

When he found one of great value,
he went away and sold everything he had and bought it.

“Have you understood all these things?” Jesus asked.

“Yes,” they replied.

He said to them,

“Therefore every teacher of the law who has become a disciple
in the kingdom of heaven is like the owner of a house
who brings out of his storeroom new treasures as well as old.”

When Jesus had finished these parables, he moved on from there.

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Closing Hymn No. 245: “More About Jesus”

1. More about Jesus I would know,
More of His grace to others show;
More of His saving fullness see,
More of His love who died for me.

Refrain:

More, more about Jesus,
More, more about Jesus,
More of His saving fullness see,
More of His love who died for me.

2. More about Jesus let me learn,
More of His holy will discern;
Spirit of God, my teacher be,
Showing the things of Christ to me.

3. More about Jesus; in His word,
Holding communion with my Lord,
Hearing His voice in every line,
Making each faithful saying mine.

4. More about Jesus; on His throne,
Riches in glory all His own;
More of His kingdom's sure increase;
More of His coming, Prince of Peace.

2nd Anthem: “Laudate Pueri” (Mozart)

Laudate pueri Dominum: laudate nomen Domini.

Praise ye the Lord, ye children: praise the name of the Lord.

Sit nomen Domini benedictum: ex hoc nunc et usque in saeculum.

Blessed be the name of the Lord: from henceforth now and for ever.

A solis ortu usque ad occasum: laudabile nomen Domini.

From the rising of the sun unto its going down: the name of the Lord is
worthy of praise.

Excelsus super omnes gentes Dominus: et super caelos gloria eius.

The Lord is high above all nations: and his glory above the heavens.

Quis sicut Dominus Deus noster qui in altis habitat: et humilia respicit in caelo et in terra?

Who is as the Lord our God who dwelleth on high: and looks down on the
low things in heaven and in earth?

Suscitans a terra inopem: et de stercore erigens pauperem.

Raising up the needy from the earth: and lifting up the poor out of the
dunghill.

Ut collocet eum cum principibus: cum principibus populi sui.

That he may place him with princes: with the princes of his people.

Qui habitare facit sterilem in domo: matrem filiorum letantem.

Who maketh for a barren woman a home: the joyful mother of children.

Gloria Patri et Filio: et Spiritui Sancto.

Glory be to the Father and to the Son: and to the Holy Spirit.

Sicut erat in principio, et nunc et semper: et in saecula saeculorum. Amen.

As it was in the beginning, is and ever shall be: world without end. Amen.

Pathfinders' Thanksgiving Food Drive

Pathfinders will make the call for their annual food drive during
Worship Service today. If you have canned items, take them to the
kitchen so that the Pathfinders can pack baskets to take to needy
families. This year they will be ministering to 25 families in need...
...and if you can help after church to assemble the baskets, please see
Warren in the kitchen after service. Thank you for your participation.

Potlucks and LA Adventist Forum

The *next* potluck for **December** will be the second Sabbath of the month. We
will resume potlucks on the fourth Sabbath of the month in January.

The **LA Adventist Forum** will be on hiatus for November and December.
Forums will resume on January 28, 2012.

Upcoming Sermons & Events

Elder of the Day

November 26

December 2

December 3

Wanda Koffman

Smuts van Rooyen

Annual Christmas Concert, 7 p.m., Sanctuary

Smuts van Rooyen

Sunset tonight – 4:48 p.m. Sunset next Friday – 4:43 p.m.

City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.”*

At the worship service we will **honor Dr. Charles Witt** for his years of service to
City Church. *He will play the piano in a musical interlude in the sanctuary before
the service, following Sabbath school.* We thank you, Dr. Witt, for sharing your gift
of music with us!

“**How Do Adventist Churches Grow?**” presentation, *today, 2:30-5:30 p.m.,
Vallejo Drive Church, presented by Elder Monte Sahlin.* Elder Sahlin made a
specific study of our congregation recently and will share his findings, including
other congregations studied, in this afternoon's presentation. These findings can
be important tools used to adapt and help congregations grow. We encourage
you to attend this unique and motivating event.

City Church Special Concert, today, 4 p.m. We welcome back this amazing
duo, violinist Xiao Liu, accompanied by Jiayi Shi, both professionally trained
musicians. Xiao Liu currently studies under Midori Goto at USC Thornton
School of Music, and Jiayi Shi works extensively with Midori as well as taking her
talents worldwide. The program includes works by Schubert, Prokofiev, Gregson,
Mozart, and Ravel. Concert admission by free-will offering; all welcome!

Young Adults Fellowship. We meet *today* in the multipurpose room from
10–10:45 a.m. Don't know where the multipurpose room is? Look for the signs
in the courtyard or downstairs, or ask a church member to guide you!

Elijah, the Musical. Our very own Children's Choir and Drama have taken the
musical they performed for us in June on the road! *The group's next performance*
will be *today* at 2:00 p.m., at the Pasadena SDA Church, 1280 E. Washington
Blvd. Come and support!

The Redlands Choral Artists, a 16-voice professional choral ensemble under
the direction of **Dr. Sébastien Vallée**, is proud to present its fall concert entitled
“If Ye Love Me,” *tonight, 7:30 p.m.*, at Claremont United Church of Christ (233
W. Harrison Ave., Claremont). This newly formed chamber choir is the only one
of its kind in southern California east of Los Angeles. Composed of singers from
across southern California, it seeks to ensure that choral music remains a vibrant
and thriving art form in the Inland Empire. Tonight's concert includes works by
many composers, including Tallis, Ticheli, Whitacre, and Purcell. The ensemble
is also thrilled to perform music by emerging local composers such as USC
student Seth Houston, as well as a world premiere of UCLA student Zachery
Neufeld (nephew of church member Denise Pereyra). Free-will admission.
<http://www.redlandschoralartists.org>.

For the first time, we are able to offer **secure online giving** for any cause, whether
to your **regular weekly giving** or a **special project of your choosing**. Just visit
the Church's website, www.glendalecitysda.org and find “Online Giving” in the
right side menu. Then simply click on the link that says “Donate to Glendale
City Church Here.” Once you're set up the first time, you can easily return at
any future date.

“**God in the 66**” Bible study meets as usual Tuesday, 6-8 p.m. in the Council
Room.

Apartment needed for a chaplain interning at Glendale Medical Center.
Looking for a place that is ready by December first and needed for one year.
Preferable washer and dryer hook up. For more information, please call Church
Office.

Adventist man from Riverside County, now working in L.A., is **looking for a
room** for 10-12 months, Sunday-Thursday nights. Able to pay utilities and will
take care of his own food. Contact Jason: 909-936-1185.

*We cannot always fit all announcements in the bulletin. Please sign up for our
e-Newsletter to keep up with the latest events! www.glendalecitysda.org*

Glendale City Health Education

November 19, 2011: Pancreatic Cancer Awareness Month, Part 1

What do the following celebrities have in common: actress Joan Crawford; comedian Jack Benny; musical composer Henry Mancini; jazz pianist and composer Count Basie; opera singer Luciano Pavarotti; actor Patrick Swayze; supreme Court Justice Ruth Bader Ginsburg; and most recently, Apple CEO Steve Jobs? Pancreatic cancer.

The pancreas is an amazing small organ that is both a digestive organ (exocrine) and an endocrine gland. Over 95% of the pancreas is composed of grape-like cells known as acinar cells. They produce salts and enzymes, which are carried through a system of little ducts to the larger pancreatic duct joining the bile duct, and then released into the small intestine. Islets of Langerhans are clusters of cells appearing like islands in a sea of acinar cells, producing three different hormones (insulin, glucagon, and somatostatin), secreted directly into the blood to regulate blood sugar. Understanding this anatomy lays a foundation to understanding pancreatic cancer.

More than 40,000 new cases of pancreatic cancer occur in the US each year (Europe experiences more than twice that number), representing only 3% of all cancer cases, and 6% of all cancer deaths. Still, it is the 4th leading cause of cancer deaths. According to the American Cancer Society, the incidence of pancreatic cancer has increased by about 1% per year since 1998 and is nearly equal for men and women. Up to 95% of all pancreatic cancer occurs in the exocrine pancreas, arising in cells that line the pancreatic ductal system, and is rapid-growing (also known as adenocarcinoma). Survival is 3 to 6 months. On the other hand, cancer of the endocrine islet cells is rare and tends to grow much slower than exocrine ductal cancer.

Risk factors are mostly associated with exocrine pancreatic cancer. Non-modifiable risk factors include age, family history, certain genetic syndromes, and being African American. We can't change these, but we can take measures to reduce *preventable* risk factors. Don't smoke. The risk is 2-3 times higher for cigarette smokers than non-smokers, accounting for 20-30% of all pancreatic cancers. Maintain a healthy weight and exercise at least 30 minutes daily, as obesity and physical inactivity are associated with an increased risk. Prevent Type 2 Diabetes. Long-standing Diabetes and chronic pancreatitis are also associated with this cancer. Research is still investigating the role of diet, soft drinks/sodas, and alcohol intake and may indirectly increase one's risk.

Early diagnosis of pancreatic cancer is crucial, but difficult. The pancreas lie deep in the abdominal cavity making it difficult to identify changes during physical exams. Blood tests do not detect the disease early. Exocrine pancreatic cells produce a substance called CA 19-9 that is released into the blood, but it is not consistently elevated until the late stages of cancer. A new test, endoscopic ultrasound, is promising in detecting the cancer early for those with a high-risk family history

(resulting in early treatment), but not as a screening tool for the general population.

Most websites for pancreatic cancer state that symptoms are usually related to later stages of the disease. Symptoms include nausea, loss of appetite, and weight loss; jaundice and itching; pale, gray, and/or fat in the stools; and pain in the upper abdomen radiating to the back, but disappearing when leaning forward. In addition, cancer of the Islet cells may cause fluctuations in blood sugar with symptoms of too high or too low blood sugar.

Treatment may include any one or more of the following modalities: surgery to remove part or all of the pancreas; radiation; and chemotherapy. Clinicians at Stanford have been combining the very specific RapidArc radiotherapy with chemotherapy, with encouraging results while sparing damage to the liver, stomach, and bowel. Vaccines given into the pancreas that act to destroy the cancer cells are under investigation at Johns Hopkins and other cancer centers. Three years into one study, the average survival time was 26.8 months — compared to a 3 to 6-month survival following diagnosis!

All of us probably remember the courage of actor Patrick Swayze in his public battle with pancreatic cancer. Or the grace and elegance of Professor Randy Pausch who grabbed life for all it's worth. Help others become aware of this devastating disease that, if caught early, can be overcome. For more information, contact Kathy S. McFarland.

Frequently Asked Questions. Pancreatica. www.pancreatica.org - nonprofit organization to promote awareness, increase education, medical literature, and further pancreatic cancer research.
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Glendale City Health Education Events

Thank you to all who attended and brought family and friends to last night's supper and movie. I hope you're enjoying your free gifts!

11/19/2011 Produced by: Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.
Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

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610 E. California Avenue, Glendale, CA 91206-3799

(818) 244-7241 www.glendalecitysda.org