

## Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

<b>Prelude</b>	“Sheep May Safely Graze”	<i>J. S. Bach</i>
<b>Call to Worship</b>		Meredith Jobe
	O God of the morning and of the evening hours, let your Spirit come on us here gathered. This is the holy place where we, your people, call on you in faith, joining heart and voice in thanksgiving and praise to your name.	
<b>Hymn of Praise</b>	“All Hail the Power of Jesus’ Name”	No. 229
<b>Greetings &amp; Prayers of the Congregation</b>		Meredith Jobe
	<i>(please remain standing for prayer)</i>	
<b>Prayer Response</b>	Hear our prayer, O Lord, Incline Thine ear to us, And grant us Thy peace.	(No. 684)
<b>Anthem</b>	“Abide With Me”	<i>Gilbert Martin</i>
<b>Call to Offering</b>		Lee Posner
<b>Offertory</b>	“How Glory Goes” Daniel Chaney, <i>tenor</i>	<i>John Rutter</i>
<b>Children’s Sermon</b>		Michael Bandy
<b>Remembering Our Heritage</b>		Don Greathouse
<b>Anthem</b>	“Lift Every Voice and Sing”	<i>John Rosamond Johnson</i>
<b>Scripture</b>	<b>Revelation 19:6-16</b>	Glenda Mendizabal
<b>Sermon</b>	“The Rider on the White Horse”	Smuts van Rooyen
<b>Closing Hymn</b>	“A Mighty Fortress Is Our God”	No. 506
<b>Benediction</b>		Smuts van Rooyen
<b>Musical Response</b>	“The Lord Bless You and Keep You”	
<b>Postlude</b>	“Toccatà, Opus 59”	<i>Max Reger</i>

Whether you’re a regular member or a visitor, we encourage you to continue to fellowship with our Church family after the worship service! Please also feel free to contact any of our pastoral staff if you have a question or need help.

## Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kinder/Primary	4 yrs to 4th grade	Room 4	Giraffe
Early Teen	7th & 8th grade	Room 2	Eagle
Junior	5th & 6th grade	Room 1	Lion
Teen	13-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	-
SS Quarterly	General	Fellowship Hall	Rosalyn Wortham

## Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

## Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

## Church Directory

### Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)  
Cherise Gardner, Family & Children’s Ministries (626-484-8436)  
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)  
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)  
Manea Moldoveanu, Romanian Church representative (562-463-0531)

### Officers

Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Sanctuary Choir Director	Sébastien Vallée (831-420-7584)
Children’s Choir Director	Lissie Quishenberry (lissie@crazyladymusic.com)
Organist	Kemp Smeal (714-658-4885)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair (interim)	Glen Christensen (plbboss@aol.com)
A+ School Director	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (760-409-6719)

### Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.

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# Glendale City Seventh-day Adventist Church



February 18, 2012

“Revealing Christ, affirming all.”

## Responsive Reading

### Revelation 19:6-16

Then I heard what sounded like a great multitude, like the roar of rushing waters and like loud peals of thunder, shouting:

“Hallelujah!

For our Lord God Almighty reigns.  
Let us rejoice and be glad  
and give him glory!  
For the wedding of the Lamb has come,  
and his bride has made herself ready.  
Fine linen, bright and clean,  
was given her to wear.”

(Fine linen stands for the righteous acts of the saints.)

Then the angel said to me, “Write:  
‘Blessed are those who are invited to the wedding supper  
of the Lamb!’” And he added, “These are the true words of God.”

At this I fell at his feet to worship him. But he said to me,  
“Do not do it! I am a fellow servant with you  
and with your brothers who hold to the testimony of Jesus.  
Worship God!  
For the testimony of Jesus is the spirit of prophecy.”

I saw heaven standing open and there before me was a white horse,  
whose rider is called Faithful and True.  
With justice he judges and makes war.  
His eyes are like blazing fire, and on his head are many crowns.  
He has a name written on him that no one knows but he himself.  
He is dressed in a robe dipped in blood,  
and his name is the Word of God.  
The armies of heaven were following him,  
riding on white horses and dressed in fine linen, white and clean.  
Out of his mouth comes a sharp sword  
with which to strike down the nations.  
“He will rule them with an iron scepter.”  
He treads the winepress of the fury of the wrath of God Almighty.  
On his robe and on his thigh he has this name written:

**KING OF KINGS AND LORD OF LORDS.**

**I**

## Sermon Resources

“The gunfire around us makes it hard to hear. But the human voice is different from other sounds. It can be heard over noises that bury everything else. Even when it's not shouting. Even when it's just a whisper. Even the lowest whisper can be heard over armies...when it is telling the truth.”—President Zuwanie in *The Interpreter*.

### Second Anthem: “Lift Every Voice and Sing”

Lift every voice and sing, till earth and heaven ring,  
Ring with the harmonies of liberty;  
Let our rejoicing rise, high as the list'ning skies,  
Let it resound loud as the rolling sea.  
Sing a song full of the faith that the dark past has taught us,  
Sing a song full of the hope that the present has brought us;  
Facing the rising sun of our new day begun,  
Let us march on till victory is won.

Stony the road we trod, bitter the chast'ning rod,  
Felt in the days when hope unborn had died;  
Yet with a steady beat, have not our weary feet,  
Come to the place for which our fathers sighed?  
We have come over a way that with tears has been watered.  
We have come, treading our path thro' the blood of the slaughtered,  
Out from a gloomy past, till now we stand at last  
Where the white gleam of our bright star is cast.

God of our weary years, God of our silent tears,  
Thou who hast brought us thus far on the way;  
Thou who hast by thy might, led us into the light,  
Keep us forever in the path, we pray.  
Lest our feet stray from the places our God where we met Thee,  
Lest our hearts drunk with the wine of the world we forget Thee;  
Shadowed beneath Thy hand may we forever stand,  
True to our God, true to our native land.

### Second Saturday Series

Today, 4 p.m., will feature violin master **Midori**. This intimate concert, a supplemental program to the regular Second Saturday Series, will feature an “unusual” recital of unaccompanied Bach for violin, a recital that fully exposes every aspect of a violinist's technique, with nowhere to hide!

### Upcoming Sermons & Events

<b>Elder of the Day</b>	<b>Barbara Jones</b>
<b>February 25</b>	Smuts van Rooyen
<b>March 3</b>	Smuts van Rooyen
<b>March 10</b>	Smuts van Rooyen

**Sunset tonight – 5:37 p.m. Sunset next Friday – 5:44 p.m.**

## City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.  
God excludes no one, and neither do we.”*

Please remember in your prayers **Myrna Haynes's father** and **Vincent Haynes's uncle**, both of whom are in the hospital.

All Glendale City **Youth! Come tonight, 6:30 p.m.**, for movie and game night in the Youth Room. Bring your favorite movie, video or board game to share. See you there!

Don't forget **tonight's 7 p.m. dessert and presentation** on the health benefits of laughter (including 8 p.m. film)! Location: Fellowship Hall and Chapel.

The **Young Adults** will meet **February 25, 6 p.m.** in the Youth Room for movie and game night. Contact Rachel for more information 818-913-9616 or rachel.pereyra@hotmail.com.

Mid-week **Bible Study Class** “God in the 66,” in the council room, Tuesday, 6-8 p.m. All welcome.

The next **L.A. Adventist Forum, February 25, 3 p.m.** in the Chapel. Speaker Charles Scriven, Ph. D., President of Kettering College, and Chair, Board of the Adventist Forum, will discuss “Darwinism and ‘Parascience’: A (Non-Fundamentalist) Critique.” Admission free, all welcome. **Please note that the potluck for this Sabbath has been canceled this month.**

**Malibu SDA Church & Hope Channel, February 25.** Come and join us for an inspiring Sabbath with our guest speaker from the Hope Channel, Gary Gibbs. He will bring exciting Hope Channel news from around the world. International Fest Choir will bring the special music. For more information call 310-284-3535.

**Adventist Community Services.** Learn how you can help in a disaster by attending a “Donations Operations” training course. Certification is valid for three years! Successful completion qualifies you to be an official ACS Disaster Response Volunteer. Class will be Sunday, **February 26, 8:30 a.m.–4 p.m.**, Southern California Conference, \$20 fee (lunch included). RSVP by February 16 at 818-546-8405.

**The California Adventist Federal Credit Union** will hold its 60th annual meeting on **February 26, 12 p.m.**, at Glendale Adventist Academy. Lunch will be served to members for \$10 and guests \$17. Please call for reservations 818-246-7241. There will be prize giveaways!

**Church Board members:** please remember our next Board meeting at 7 p.m. on Tuesday, **February 28.** Important business will include the selection of the Search Committee for our new senior pastor.

**The Lit Knitters** will meet **Sunday, March 4 at 11 a.m.** in the Youth Room to discuss *Little Bee* by Chris Cleave. Also, learn more about our *library organization project at Union Station Family Shelter* in Pasadena. Please email Didi Mumford with questions at dmumford1@aol.com.

**The Glendale Academy Band, Chorale, Jazz Band** and special guests proudly presents, “Ticket to Ride (A 60's Celebration)” on **Sunday, March 4, 7 p.m.** Tickets \$15 adults, \$10 children (K-12). For more information 818-244-8671.

*Ministry of the Cross* presents a special Sabbath Vespers with **Jim & Ann McClintock, Glendale City Church, March 3, 4:30 p.m.**

On **Sabbath afternoon, March 17**, Al Ferry together with soloist Ross Vercammen (<http://vimeo.com/17946920>) will be presenting a **gospel music program**. Admission: free-will offering. This program is sponsored by **Missions of Love** ([www.molmissionsoflove.com](http://www.molmissionsoflove.com)), an independently run Adventist program that helps troubled kids in California struggling with the disadvantages of poverty, crime, and lack of help with their grades in school. The 501(c)(3) company provides many life-building programs, including mentoring and teaching music (at times, supplying kids with music instruments), health and nutrition, gang intervention and prevention, literacy and language development, English classes, parenting and life skills, spiritual strengthening and guidance, and intergenerational activities.

## Glendale City Health Education February 18, 2012: Cleaning Products and Health, Part I

There is one aisle in every grocery store and retail center that I avoid. It's not the aisle with the junk food (although I usually don't go down that aisle either, but for a different reason). It's the aisle with the household cleaning agents that sends me into a coughing fit. And more and more people are finding that they, too, cannot walk down that aisle, let alone use many of the products due to their impact on health.

We are at risk of exposure to approximately 85,000 chemicals, most of which have been introduced to America since WWII. Each year 2,000 new chemicals are introduced, at a rate of 7 new chemicals a day. Nearly 2,500 "high production volume" (HPV) chemicals are produced in quantities of over 1 million pounds per day. Of the HPV chemicals, 43%-45% have no testing information on basic toxicity.

These chemicals can be found in everyday household cleaners: carpet and upholstery cleaners/deodorizers; spot removers; fabric protectants; floor care; general purpose cleaners/degreasers; glass, oven, metal, and bathroom cleaners and polishers; furniture waxes and polishers, air fresheners, and auto care products. Ingredients may be carcinogenic, toxic to the nervous system, disrupt the endocrine system, and/or negatively affect the respiratory system. But manufacturers are not required to list the ingredients on product labels (except for pesticides).

Most studies evaluating the effects of cleaning products on health involved individuals employed as professional cleaners. However, in 2007 a large international study was published on the health effects of home cleaning products used by more than 3,500 persons over a 9-year period. Frequency of use of 15 different products was recorded from a weekly use of never to 7 days per week. (If "15 products" seems like a lot, count the number of products under your sinks, and in the laundry/utility room, and garage). Weekly use of air-fresheners, glass cleaners, and furniture *sprays* were most commonly associated with a statistically significant incidence of new asthma symptoms, medication use, and wheeze. Physician-diagnosed asthma was greater among those using sprays 4 or more days a week, or when the number of different sprays increased.

1,4 dichlorobenzene (1,4 DCB) is a volatile organic compound (VOC) with a distinctive characteristic odor found in air fresheners, toilet bowl cleaners/deodorant blocks, mothballs, and other deodorizing products. In a study of 953 adults, 96% of the subjects had detectable blood levels of 1,4 DCB. After adjusting for smoking, there was a 4% decrease in lung function for those with the highest levels of exposure (Note: 1,4 DCB is also considered a human carcinogen based on sufficient evidence from animal studies.).

Terpenes, a class of chemicals found in pine, lemon, and orange oils, are used for their scent and/or solvent qualities. While not toxic themselves, in the presence of smog (enters indoors from outside air, or produced indoors by copiers, printers, and ozone emitting "air purifiers"), they react and produce formaldehyde. Formaldehyde is a known respiratory irritant and a known human carcinogen.

We've barely scratched the surface in our discussion of household cleaning products. Clearly, it is important for each of us to be aware of the chemicals we are exposed to and their impact on our health. For further reading and lists of harmful chemicals in cleaning products, refer to the references below. Or, for more information, contact Dr. Kathy McFarland. Next week we will look at healthier options for household cleaning.

- Zock JP, Plana E, Jarvis D, et. Al. The Use of Household Cleaning Sprays and Adult Asthma: An International Longitudinal Study. *Amer J of Respir & Crit Care Med.* October 15, 2007; 176(8):735-741. <http://ajrcm.atsjournals.org/content/176/8/735.full>
- Elliott L, Longnecker MP, Kissling GE, London SJ. Volatile Organic Compounds and Pulmonary Function in the Third National Health and Nutrition Examination Survey, 1988-1994. *Environ Health Perspect.* August 2006, 114(8): doi:10.1289/ehp.9019. <http://ehp03.niehs.nih.gov/article/lookupArticle.action?articleURI=info:doi/10.1289/ehp.9019>
- 1,4 Dichlorobenzene. CAS No. 106-46-7. Report on Carcinogens, Twelfth Edition (2011). <http://ntp.niehs.nih.gov/ntp/roc/twelfth/profiles/Dichlorobenzene.pdf>
- Household Products Database. Department of Health & Human Services. <http://hpd.nlm.nih.gov/CancerPreventionAlert.No.8.APublicationoftheCancerPreventionCoalition>. <http://www.preventcancer.com/press/pdfs/hazardous.pdf>
- Be INFORMed: Ingredients Checklist. [http://www.informinc.org/green\\_cleaning/Ingredients%20Checklist.pdf](http://www.informinc.org/green_cleaning/Ingredients%20Checklist.pdf)
- High Production Volume (HPV) Challenge. U.S. Environmental Protection Agency. <http://www.epa.gov/hpv/pubs/general/hazchem.htm>
- Emergency Chemicals of Concern. California Department of Toxic Substances Control. <http://www.dtsc.ca.gov/assessingrisk/emergingcontaminants.cfm>
- Overview of TSCA Chemical Reporting Requirements and e-Reporting November 16, 2011. U.S. Environmental Protection Agency. [http://www.epa.gov/iur/pubs/guidance/CDR\\_Webinar.1116\\_for\\_web.pdf](http://www.epa.gov/iur/pubs/guidance/CDR_Webinar.1116_for_web.pdf)

## Glendale City Health Education Events

**Tonight, 7 p.m.** Dessert, a short presentation on the benefits of laughter, followed by the slapstick comedy of Lucille Ball and Eddie Albert in, "The Fullerbrush Girl" (showtime, 8 p.m.). Admission: free. Location: Fellowship Hall and Chapel.

2/18/2012 *Produced by:* Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee.*  
*Contact:* (626) 398-1445, [actionsforwellness@sbcglobal.net](mailto:actionsforwellness@sbcglobal.net)

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