

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “Prelude and Fugue in F Major” *Vincent Lübeck*

Call to Worship

O God of the morning and of the evening hours,
let your Spirit come on us here gathered.

This is the holy place where we, your people, call on you in faith,
joining heart and voice in thanksgiving and praise to your name.

Hymn of Praise “Holy, Holy, Holy” No. 73

Greetings & Prayers of the Congregation Leif Lind

(please remain standing for prayer)

Prayer Response Hear our prayer, O Lord, (No. 684)

Incline Thine ear to us,
And grant us Thy peace.

Anthem “Creation Hymn” *Craig Courtney*

Don Thurber, *director*

Call to Offering Paul Chilopoulos

Offertory “If God Be for Us” from *Messiah* *Handel*

Clarissa Shan, *soprano*

Worship in Song “Goin’ Home” *Dvořák/ad. Fisher*

“Chantez Alleluia!” *Dave and Jean Perry*

Youth Choir

Lissie Quishenberry, *director*

Scripture **Responsive Reading No. 755** Mary Khayat

Anthem “Joyful, Joyful Sing Praise” *Jay Althouse*

Sermon “The Glory of Making a Choice” Smuts van Rooyen

Closing Hymn “My Jesus, I Love Thee” No. 321

Benediction Smuts van Rooyen

Musical Response

Postlude “Sonata I–Finale” *Alexandre Guilmant*

Whether you're a regular member or a visitor,

we encourage you to continue to fellowship with our Church family after the worship service!

Please also feel free to contact any of our pastoral staff if you have a question or need help.

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kinder/Primary	4 yrs to 4th grade	Room 4	Giraffe
Junior	5th & 6th grade	Room 1	Lion
Earliteen	7th & 8th grade	Room 2	Eagle
Teen	14-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Fellowship Hall	Jim Goodwin

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children's Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Manea Moldoveanu, Romanian Church representative (562-463-0531)

Officers

Head Elder	Don Greathouse (626-796-8579)
Head Deacon	John Nielsen (818-605-0057)
Head Deaconess	Eleanor Posner (818-281-5822)
Church Board Chair	Vincent Haynes (213-276-2131)
Sanctuary Choir Director	Sébastien Vallée (831-420-7584)
Children's Choir Director	Lissie Quishenberry (lissie@crazyladymusic.com)
Organist	Kemp Smeal (714-658-4885)
Secretary	Victoria Lucero (818-244-7241 office)
Treasurer	Dean Vendouris (818-244-7241 office)
Church Clerk	Mindi Rüb (mindilus@mac.com)
A+ School Board Chair (interim)	Glen Christensen (plbboss@aol.com)
A+ School Director	Malisa Smith (818-241-9353 school)
Pathfinder Director	Warren Dale (818-384-2820)
Facilities Administrator	Wayne Libby (760-409-6719)

Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.

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Glendale City Seventh-day Adventist Church



March 3, 2012

“Revealing Christ, affirming all.”

Choir Anthems

“Creation Hymn” (by Craig Courtney)

His praise appears in all I see, the stars declare His hands to be;
Creation speaks in sky and sea and shore,
Proclaiming forth their sov'reign Maker, “Lord.”
High mountains rising to the sky, Bow down before their Author's eye;
Sea depths now echoing the land's refrain,
Their vast expanse too small to hold His name;
He is Lord.

But though I see, my heart cries out, “So great a God, cares He for me?”
Yes, He who rules the hosts above, Surrendered, yet, His life in Love,
Embraced me on a mountain full of pain,
Released me from an ocean's debt of shame;
He is Lord.

Yes, now I see, my heart cries out, “So great a God, He cares for me!”
And, thus, a new creation made, I see Him more and more each day;
With all the wonders that His hands have laid,
I rise to glory in the Son, and say,
“He's my Lord!”



“Joyful, Joyful, Sing Praise” (by Jay Althouse)

Joyful, joyful, sing praise. Lord, we raise our voice in gladness.
We know Your love from heav'n above. We know Your blessings are glorious.
In ev'ry heart how great Thou art, forevermore victorious.

Joyful, joyful, sing praise. Lord, Your gifts are never ending.
Beneath the skies creation lies in all its splendor and glory.
You make us whole; You fill our soul. You sing Your wondrous story.

Great is the Lord who reigns above all nations, loving and caring and wise.
Great is the Lord, majestic and triumphant.
Let us now magnify, honor and glorify: our voices rise.

Joyful, joyful sing praise. Sing to the Lord a joyful song of praise!

Youth Choir Anthems

“Goin' Home”

Goin' home, I'm agoin' home,
Quiet like, some still day, I'm jes' goin' home.
It's not far, jes' close by, through an open door,
Work all done, care laid by,
Gwine to fear no more.
Mother's there, 'spectin' me, Father's waitin' too,
Lots o' folk gather'd there, all the friends I knew.
Nothin' lost, all's gain, no more fret not pain,
No more stumblin' on the way, no more longin' for the day,
Gwine to roam no more!
Mornin' star lights the way, res'less dream all done,
Shadows gone, break o' day, real life jes' begun.
Dere's no bread, ain't no end, jes' a-livin' on;
Wide awake, with a smile goin' on and on.
Goin' home, I'm agoin' home,
Quiet like, some still day, I'm jes' goin' home.

“Chantez Alleluia!”

Chantez alleluia!	<i>Sing alleluia!</i>
Chantez une nouvelle chanson.	<i>Sing a new song.</i>
Chantez vous une chanson joyeux.	<i>You can sing a joyous song.</i>

Church Financial Snapshot

YEAR TO DATE 2012 (FOR 7 WEEKS, THROUGH FEBRUARY 18)

Budgeted Local Funds Income \$56,997.77

Actual Amount Received \$46,967.07

Shortfall \$10,030.70

Upcoming Sermons & Events

Elder of the Day
March 10
March 17

Don Greathouse
Smuts van Rooyen
Smuts van Rooyen

City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.”*

Today's flowers are presented by Judson in loving memory of his missionary parents Pastor and Mrs. John Moses Ravi; brother John (and wife Stella); sisters Florence (and daughter Evelyn), Violet (and husband Prabhaker), Mary (and husband Samuel Bethala); and brother-in-law Prasad.

This afternoon, 4:30 p.m.: *Ministry of the Cross* presents a special Sabbath Vespers with **Jim & Ann McClintock, Glendale City Church.** Come and enjoy the inspiring music of this well-known couple!

Don't miss the **Second Saturday Series Organ concert** by Andrea Anderson next Sabbath, March 10!

Please join the **Lit Knitters tomorrow, March 4th at 11 a.m. in the Youth Room** as we discuss *Little Bee* by Chris Cleave. We will also learn more about our community service project: library organization for the Union Station Family Shelter in Pasadena. For more information, please contact Didi Mumford at dmumford1@aol.com.

The Glendale Academy Band, Chorale, Jazz Band and special guests proudly presents, “Ticket to Ride (A 60's Celebration)” **tomorrow, Sunday, March 4, 7 p.m.** Tickets \$15 adults, \$10 children (K-12). For more information 818-244-8671.

The next **Young Adults** will meet **March 10, 6 p.m.** in the Youth Room for movie and game night. Contact Rachel for more information 818-913-9616 or rachel.pereyra@hotmail.com.

Mid-week **Bible Study Class** “God in the 66,” in the Council Room, Tuesday, 6-8 p.m. All welcome.

Need help in pre-planning with funerals & cemetery property? Our church member, Mirta Marconi-Rothacher is qualified and licensed with Forest Lawn to assist you. Please phone Mirta at 818-220-6486.

Glendale City Health Education

March 3, 2012: Cleaning Products and Health, Part 3

Last week we learned how easy it is to make and use natural and non-toxic air fresheners (<http://glendalecitysda.org> and click on ministries, health education, *Cleaning Products and Health, Part 2*). But are there non-toxic ways to clean dust, grease, lime, and mold? A Google search for *natural household cleaners* yielded nearly 2 million results. Changing the search to *non-toxic household cleaners* gave 471,000 results, and a search of *natural cleaners for mold* provided nearly 3.5 million web pages. Below only a few “green” options to the frequently used and toxic commercial household cleaning agents.

1. Steam or vapor steam cleans grease and cooked-on/baked-on food that accumulate on kitchen appliances. With temperatures from 215°F to 230°F (water tanks may reach 300°F), steam vapor penetrates porous substances like grout to kill mold that surface chemicals can't reach. Because of its ability to remove mold and sanitize against bacteria and viruses, steam also works well for cleaning the bathroom sink, shower, toilet, glass, and tile floors. An added bonus—cleaning time can be significantly decreased. Several manufacturers offer vapor steam appliances ranging in quality and pricing. Before buying an appliance, research and read product reviews first.
2. Prevent shower mold and mildew by wiping down the shower with a towel or squeegee after use, then spray tile with undiluted vinegar. You can also use tea tree oil. It has a strong odor, but is a natural fungicide: spray on a solution of 2 teaspoons tea tree oil in 2 cups of water. If you don't like the scent of Tea Tree oil, try 20 drops of grapefruit seed extract in 2 cups of water sprayed on the tile and shower curtain. Do not rinse after applying the vinegar, tea tree oil, or grapefruit seed.
3. For all-purpose disinfectant cleaning combine 2 cups water, 1½ to 3 teaspoons of liquid castile soap, 1 teaspoon tea tree oil, and 2-3 drops of an essential oil.
4. Make furniture polish by mixing 2 parts olive or jojoba oil with 1 part lemon juice. Other recipes may be found on the Internet, including Daddy Van's and others.
5. Clean glass using a solution of ¼ cup distilled white vinegar and 1 quart water. Spray on and remove with a squeegee or lint-free cloth. To clean bare floors, mix 1 cup vinegar with 1 gallon of warm water and mop. No need to rinse.
6. Polishes for brass and copper can be made using equal parts salt, vinegar, and flour. Rub the paste on brass or copper with a soft cloth. Allow it to dry for 1 hour, and then wipe off with a clean, soft cloth. An alternative is to cut a lemon in half, dip the cut side in salt, rub over the metal, then rinse and dry.
7. Toilets are notorious for cleaning challenges. Pour 1 cup of borax or ½ box baking soda into the toilet bowl before going to bed. In the morning scrub and flush.

8. Commercial natural and non-toxic products are available for those who want the convenience, but they tend to cost more. Companies with products include Seventh Generation, Ecover, Method cleaning products, Natural SoapFormulas (KD Gold™), Biokleen, to name a few. Check the websites for ingredients.

With increasing concern over our exposure to toxic chemicals and their effect on the environment, the Internet has exploded with resources for natural, green cleaning products. Experiment to see which suggestions work best for you. For more information, see references below or contact Dr. Kathy McFarland.

Look for cleaners that don't contain chlorine, alcohols, triclosan, triclocarbon, lye, glycol ethers, or ammonia. Choose products that are labeled as, “petroleum-free,” “90% biodegradable in 3 days,” “phosphate-free,” “VOC-free,” and “solvent-free.”

<http://www.webmd.com/health-home-9/green-cleaning>

Tanner BD, PhD. Reduction in infection risk through treatment of microbially contaminated surfaces with a novel, portable, saturated steam vapor disinfection system. (February 2009) *Amer J Infect Control*: 37(1):20-27.

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Hoverson, R. Steaming Clean. (Oct 1, 2006) *American School & Univ*:
http://asumag.com/Maintenance/university_steaming_clean/

Steam Cleaners: Full Report. Consumersearch. Updated September 2011.
www.consumersearch.com/steam-cleaners/review.

Steam Mop Reviews & Home Cleaning Tips. <http://www.steam-mop-reviews.info/>
Vapor Systems, LLC. <http://www.steam-cleaners-direct.com/?gclid=CML8u9Gj1aIFCQyPgwodMmY1xw>

Howard, BC. 6 of the Best Green Cleaning Products. *The Daily Green*.
<http://www.thedailygreen.com/green-homes/latest/best-green-cleaning-products#fbIndex1>

Bond A. Alternative Furniture Polish. to <http://www.care2.com/greenliving/alternative-furniture-polish.html>

How to Make Natural Furniture Polish - 3 Recipes. eHow. http://www.ehow.com/how_4434563_make-furniture-polish-3-recipes.html

Glendale City Health Education Events

March—Free one-on-one health coaching available with Kathy McFarland. Schedule a time by calling the phone number below or send an email at the address below.

April 5–May 24: The Full Plate Diet is an **8-week weight management program from 6:45–8 p.m.** For more details, contact Dr. McFarland.

03/03/2012 *Produced by:* Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.
Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

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