

Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

Prelude “On Christ, the Solid Rock I Stand” *arr. K. L. Smeal*

Call to Worship

This is the day that God has made;
let us rejoice and be glad in it.
O come, let us worship and bow down;
let us kneel before God, our Maker. —Ps. 118, 95

Hymn of Praise “Come, Christians, Join to Sing” No. 10

Baptism

Greetings & Prayers of the Congregation Leif Lind
(Please remain standing for prayer)

Prayer Response (No. 478)

Sweet hour of prayer, sweet hour of prayer, that calls me from a world of care,
And bids me, at my Father’s throne, make all my wants and wishes known!
In seasons of distress and grief, my soul has often found relief,
And oft escaped the tempter’s snare, by thy return, sweet hour of prayer.

Anthem “Kyrie” *R. Clausen*

Call to Offering Warren Dale
(Unless otherwise marked, loose offering goes to local church expense)

Offertory “He’s Been Faithful” *Carol Joy Cymbala*
Jennifer Wallace, *mezzo-soprano*

Children’s Sermon Cherise Gardner

Anthem “Ride On, King Jesus” *M. Hogan*

Scripture **Philippians 3:12-14** Judson Ravi

Sermon “Seeking Closure” Smuts van Rooyen

Closing Hymn “Higher Ground” No. 625

Benediction Smuts van Rooyen

Musical Response “God’s Wonderful Word” *J. M. Martin*

Postlude “Sinfonia” *J. S. Bach*

Whether you’re a regular member or a visitor,

we encourage you to continue to fellowship with our Church family after the worship service!

Please also feel free to contact any of our pastoral staff if you have a question or need help.

Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kinder/Primary	4 yrs to 4th grade	Room 4	Giraffe
Junior	5th & 6th grade	Room 1	Lion
Earliteen	7th & 8th grade	Room 2	Eagle
Teen	14-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Allan McDonald

Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

Church Directory

Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)
Cherise Gardner, Family & Children’s Ministries (626-484-8436)
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)
Manea Moldoveanu, Romanian Church representative (562-463-0531)

Officers

Head Elder Don Greathouse (626-796-8579)
Head Deacon John Nielsen (818-605-0057)
Head Deaconess Eleanor Posner (818-281-5822)
Church Board Chair Vincent Haynes (213-276-2131)
Sanctuary Choir Director Sébastien Vallée (831-420-7584)
Children’s Choir Director Lissie Quishenberry (lissie@crazyladymusic.com)
Organist Kemp Smeal (714-658-4885)
Secretary Victoria Lucero (818-244-7241 office)
Treasurer Dean Vendouris (818-244-7241 office)
Church Clerk Mindi Rüb (mindilus@mac.com)
A+ School Board Chair (interim) Glen Christensen (plbboss@aol.com)
A+ School Director Malisa Smith (818-241-9353 school)
Pathfinder Director Warren Dale (818-384-2820)
Facilities Administrator Wayne Libby (760-409-6719)

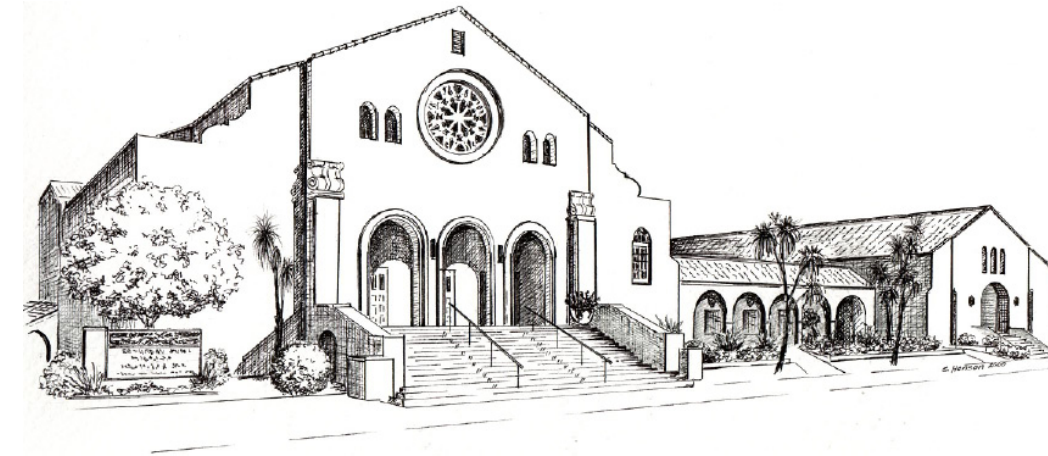
Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.

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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485
Email: secretary@glendalecitysda.org • Website: www.glendalecitysda.org

Glendale City Seventh-day Adventist Church



May 5, 2012

“Revealing Christ, affirming all.”

Responsive Reading

Philippians 3:12-14

Not that I have already obtained all this,
or have already arrived at my goal, but I press on to take hold of that
for which Christ Jesus took hold of me.

Brothers and sisters,
I do not consider myself yet to have taken hold of it.
But one thing I do:

**Forgetting what is behind and straining toward what is ahead,
I press on toward the goal to win the prize for which
God has called me heavenward in Christ Jesus.**



Offertory: "He's Been Faithful"

In my own suffering
Through every pain, every tear
There's a God who's been faithful to me

When my strength was all gone
When my heart had no song
Still in love He's proved faithful to me

Every word He's promised is true
What I thought was impossible
I've seen my God do

He's been faithful, faithful to me
Looking back His love and mercy I see
Though in my heart I have questioned
And failed to believe
He's been faithful, faithful to me

When my heart looked away
The many times I could not pray
Still my God was faithful to me

The days are spent so selfishly
Reaching out for what pleased me
Even then God was faithful to me

Every time I come back to him
He is waiting with open arms
And I see once again

He's been faithful, faithful to me
Looking back His love and mercy I see
Though in my heart I have questioned
Even failed to believe
Yet He's been faithful, faithful to me

Closing Hymn No. 625, "Higher Ground"

1. I'm pressing on the upward way,
New heights I'm gaining every day;
Still praying as I onward bound,
"Lord, plant my feet on higher ground."

Refrain

Lord, lift me up, and I shall stand
By faith on heaven's tableland;
A higher plane than I have found;
Lord, plant my feet on higher ground.

2. My heart has no desire to stay
Where doubts arise and fears dismay;
Though some may dwell where these abound,
My prayer, my aim is higher ground.

3. I want to live above the world,
Though Satan's darts at me are hurled;
For faith has caught the joyful sound,
The song of saints on higher ground.

4. I want to scale the utmost height,
And catch a gleam of glory bright;
But still I'll pray till heaven I've found,
"Lord, lead me on to higher ground."

Second Anthem: "Ride On, King Jesus"

Ride on, King Jesus, ride on, the conquering king.
Ride on, King Jesus, ride on; No man, hinder thee.

I was but young when I begun
But now my race is almost done.

King Jesus rides a milk white horse.
The river of Jordan he did cross.

He's the King and the Lord of all.
He's the first and the last.

Jesus is the Lord, Lord of Lords.
Jesus is the Prince, Prince of peace.

Church Financial Snapshot

YEAR TO DATE 2012 (FOR 18 WEEKS, THROUGH APRIL 28)
BUDGETED LOCAL FUNDS INCOME \$138,423
ACTUAL LOCAL FUNDS RECEIVED \$129,663
SHORTFALL \$8,760

City Church Announcements

*All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.*

We warmly congratulate Dillon Rosen, on his baptism today!

Today's flowers are given to congratulate **Sandy Schultz, and Drs. John and Nancy Vogt** for receiving high honor awards from **Glendale Adventist Medical Center's Healthcare Foundation**.

Found: Set of **5 church keys**. Please see office if you have lost these.

Reversing Diabetes, Obesity & Heart Disease Seminar, May 18-20 at the Kellogg West Conference Center & Hotel at Cal Poly Pomona; hosted by board-certified doctors. Registration fee of \$330/double occupancy (\$290 for spouses), per person includes lodging, meals, exercise and lectures. \$50 discount (paid after the event) for the first 30 registrants. Registration deadline: May 4. For more details, see flyer in Narthex or contact Betty Cooney 818-516-6508; email, bcooney818@sbcglobal.net.

Church Potluck May 26, followed by **L.A. Adventist Forum**, 3 p.m., in the Chapel. Ron Osborn, Bannerman Fellow with the Program in Political Science & International Relations at the University of Southern California, and author of "Anarchy and Apocalypse: Essays of Faith, Violence, and Theodicy." Osborn will speak about "Adventist Apocalypticism: Progressive or Degeneration Research Program." All welcome!

Student Assistance Applications. The due date for applications this year is Friday, June 15. Applications may be picked up at the Media Library, from Pastor Cherise, or you may call the church office and request to have one emailed/mailed to you. As a reminder applications must be renewed each year. Awards are based on financial needs and funds available.

SDA husband and wife and daughter seeking accommodation. Please contact church office if available space.

Mid-week Bible Study Class "God in the 66," in the Council Room, Tuesday, 6-8 p.m. All welcome.

Verdi's Requiem, Ariel Quintana, director. May 5, 5 p.m. at Loma Linda University Church; and May 6, 4:30 p.m. at First Presbyterian Church of Hollywood. Admission is free.

The Rock of Ages Concert with Jaime Jorge, May 18, 7:30 p.m. at Living Stones Adventist Church, La Crescenta. Admission is free.

Online giving of tithes or special projects? Simply go to www.glendalecitysda.org to "Online Giving," then to the link "Donate to Glendale City Church Here."

Upcoming Sermons & Events

Elder of the Day

May 12

May 19

May 26

Don Greathouse

Smuts van Rooyen

Smuts van Rooyen

John McLarty,

Pastor at North Hill Adventist Fellowship Church, Washington

Sunset tonight – 7:39 p.m. Sunset next Friday – 7:45 p.m.

Glendale City Health Education
May 5, 2012: 26 Tips to Minimize and Manage Stress
By Dr. Kathy S. McFarland*

- A**sk for help when overbooked or overwhelmed.
- B**udget for food, utilities, housing, transportation, personal items, and entertainment, and follow the budget.
- C**ancel all but one credit card. Keep the limit low and pay it off each month.
- D**rink 6-8 glasses of water daily for proper functioning of all cells, including brain cells.
- E**at nutritious foods and eat regularly to keep the body fueled properly.
- F**orgive yourself and others (even before they ask to be forgiven).
- G**o to bed the same time each night. When tempted to stay up late ask, "Is staying up late worth how I'll feel in the morning?"
- H**ug yourself and those you love daily. A minimum of 8 daily hugs is recommended.
- I**magine yourself in one week/month/year and ask, "Will this upset matter then?"
- J**oin an organization and help someone less fortunate than yourself.
- K**eep the problems of work in an imaginary bucket at the curb before entering the house.
- L**augh heartily. Find humor in difficult situations; act silly.
- M**editate and pray daily. It improves relationships.
- N**ame as many blessings as you can, especially when upset, worried, anxious, or discouraged.
- O**rganize and keep things in their places.
- P**rioritize. Do the most important (and often challenging) things first.
- Q**uiet the negative self-talk; quit using "should", "must", "have to", "ought to", "if only", "what if", "always", "never", and "all".
- R**espect yourself and others.
- S**urround yourself and spend time with supportive family members and friends.

- T**hink before automatically saying "Yes". Respond with, "Let me get back to you".
- U**nplug the television and other electronic devices. Replace it with family games, enjoyable projects, hobbies, or reading.
- V**acation at least yearly.
- W**alk or exercise at least 5 times a week for 30-60 minutes. It improves mood and increases endorphins.
- X**-out mistakes; learn from them, forgive (including yourself), and move forward.
- Y**odel, yell, or yirr at the moon.
- Z**ero in on your strengths and things that are going well. Zestfully approach life.

*Adapted from author's article in *Pacific Health Education Center Newsletter*, Spring 1997.

Glendale City Health Education Events

May 10, 6:45–8:00 p.m.: "The Full Plate Diet" will meet in the multipurpose room.

05/5/2012 Produced by: Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.
Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

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610 E. California Avenue, Glendale, CA 91206-3799
(818) 244-7241 www.glendalecitysda.org