

## Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

**Prelude** “Praeludium, Fuga and Ciacona” *Dietrich Buxtehude*

### Call to Worship

This is the day that God has made;  
let us rejoice and be glad in it.  
O come, let us worship and bow down;  
let us kneel before God, our Maker. —Ps. 118, 95

**Hymn of Praise** “Praise to the Lord” No. 1

**Greetings & Prayers of the Congregation** Doug Schultz  
(Please remain standing for prayer)

**Prayer Response** (No. 478)

Sweet hour of prayer, sweet hour of prayer, that calls me from a world of care,  
And bids me, at my Father's throne, make all my wants and wishes known!  
In seasons of distress and grief, my soul has often found relief,  
And oft escaped the tempter's snare, by thy return, sweet hour of prayer.

**Anthem** “Gloria” *Franz Schubert*  
(from Mass in G)

**Call to Offering**  
(Unless otherwise marked, loose offering goes to local church expense)

**Offertory** “Be Thou My Vision” *arr. Richard Walters*  
Abdiel Gonzalez, *baritone*

**Children's Sermon** Cherise Gardner

**Anthem** “We've Come This Far by Faith” *Mark Hayes*

**Scripture** Exodus 33:1-3, 12-16 D

**Sermon** “Knowing the Presence of God” Smuts van Rooyen

**Closing Hymn** “Great Is Thy Faithfulness” No. 100

**Benediction** Smuts van Rooyen

**Musical Response** “Light of Life” *Mack Wilberg*

**Postlude** “Fanfare” *Nicolas Lemmens*

Whether you're a regular member or a visitor,  
we encourage you to continue to fellowship with our Church family after the worship service!  
Please also feel free to contact any of our pastoral staff if you have a question or need help.

## Sabbath School Options (9:30-10:30 a.m.)

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kinder/Primary	4 yrs to 4th grade	Room 4	Giraffe
Junior	5th & 6th grade	Room 1	Lion
Earliteen	7th & 8th grade	Room 2	Eagle
Teen	14-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Jim Goodwin

## Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

## Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children's Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

## Church Directory

### Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)  
Cherise Gardner, Family & Children's Ministries (626-484-8436)  
Leif Lind, Church Administrator (909-557-5230)  
  
Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)  
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)  
Manea Moldoveanu, Romanian Church representative (562-463-0531)

### Officers

Head Elder Don Greathouse (626-796-8579)  
Head Deacon John Nielsen (818-605-0057)  
Head Deaconess Eleanor Posner (818-281-5822)  
Church Board Chair Vincent Haynes (213-276-2131)  
Sanctuary Choir Director Sébastien Vallée (831-420-7584)  
Children's Choir Director Lissie Quishenberry (lissie@crazyladymusic.com)  
Organist Kemp Smeal (714-658-4885)  
Secretary Victoria Lucero (818-244-7241 office)  
Treasurer Dean Vendouris (818-244-7241 office)  
Church Clerk Mindi Rüb (mindilus@mac.com)  
A+ School Board Chair (interim) Glen Christensen (plbboss@aol.com)  
A+ School Director Malisa Smith (818-241-9353 school)  
Pathfinder Director Warren Dale (818-384-2820)  
Facilities Administrator Wayne Libby (760-409-6719)

### Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.  
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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485  
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# Glendale City Seventh-day Adventist Church



May 19, 2012

“Revealing Christ, affirming all.”

## Responsive Reading

### Exodus 33:1-3, 12-16

Then the Lord said to Moses,

“Leave this place, you and the people you brought up out of Egypt, and go up to the land I promised on oath to Abraham, Isaac and Jacob, saying, ‘I will give it to your descendants.’

I will send an angel before you and drive out the Canaanites, Amorites, Hittites, Perizzites, Hivites and Jebusites.

Go up to the land flowing with milk and honey.

But I will not go with you, because you are a stiff-necked people and I might destroy you on the way.”

Moses said to the Lord,

“You have been telling me, ‘Lead these people,’ but you have not let me know whom you will send with me.

You have said, ‘I know you by name and you have found favor with me.’

If you are pleased with me, teach me your ways so I may know you and continue to find favor with you.

Remember that this nation is your people.”

The Lord replied,

“My Presence will go with you, and I will give you rest.”

Then Moses said to him,

“If your Presence does not go with us, do not send us up from here. How will anyone know that you are pleased with me and with your people unless you go with us? What else will distinguish me and your people from all the other people on the face of the earth?”



## Closing Hymn No. 100 , “Great Is Thy Faithfulness”

1. Great is Thy faithfulness, O God my Father,  
There is no shadow of turning with Thee;  
Thou changest not, Thy compassions, they fail not;  
As Thou hast been Thou forever wilt be.

### Refrain

Great is Thy faithfulness! Great is Thy faithfulness!  
Morning by morning new mercies I see;  
All I have needed Thy hand hath provided,  
Great is Thy faithfulness! Lord unto me!

2. Summer and winter, and springtime and harvest,  
Sun, moon, and stars in their courses above,  
Join with all nature in manifold witness  
To Thy great faithfulness, mercy, and love.

3. Pardon for sin and a peace that endureth,  
Thy own dear presence to cheer and to guide;  
Strength for today and bright hope for tomorrow,  
Blessings all mine, with ten thousand beside.

## City Church Announcements

*All are welcome — whoever you are, whatever your journey or background.  
God excludes no one, and neither do we.*

**The Children’s Sabbath School Teachers, Coordinators, and Parents meeting has been changed to June 23.** We will be making an all day event at Monrovia Canyon Falls in order to lay out the Children’s and Family Ministry program for the next year. Lunch will be provided. Any other questions please contact Cherise.

**Church Potluck May 26**, followed by **L.A. Adventist Forum**, 3 p.m., in the Chapel. Ron Osborn, Bannerman Fellow with the Program in Political Science and International Relations at the University of Southern California, and author of "Anarchy and Apocalypse: Essays of Faith, Violence, and Theodicy." Osborn will speak about "Adventist Apocalypticism: Progressive or Degeneration Research Program." All welcome!

**For JUNE, our monthly Potluck will be June 30, the last Sabbath, following church service. It will be in honor of Pastor Smuts and Arlene’s last Sabbath with us. Please mark your calendars!**

**Student Assistance Applications.** The due date for applications this year is Friday, June 15. Applications may be picked up at the Media Library, from Pastor Cherise, or you may call the church office and request to have one emailed/mailed to you. As a reminder, applications must be renewed each year. Awards are based on financial needs and funds available.

This year’s **Summer Family Nights** will take a different approach with a Performance Arts Camp, **July 2-6**, 10 am–2 pm, fee \$50. There will be drama, dance, art, and music. We are also looking for Teen Councilors (stipend provided) and Adult Leaders for the event. For more information, contact Lissie or Cherise.

**Lit Knitters.** You are welcome to join us **on Saturday evening, June 2nd (not Sunday)** for our monthly book discussion, crafting activities, and more! For June’s book selection(s), please friend Lit Knitters on Facebook or contact Didi Mumford at dmumford1@aol.com.

**SDA husband and wife and daughter seeking accommodations.** Please contact church office if available space.

**Mid-week Bible Study Class** “God in the 66,” will meet in the Council Room, Tuesday, 6-8 p.m. All welcome.

## Church Financial Snapshot

**YEAR TO DATE 2012 (FOR 19 WEEKS, THROUGH MAY 12)**  
**BUDGETED LOCAL FUNDS INCOME \$154,708**  
**ACTUAL LOCAL FUNDS RECEIVED \$144,343**  
**SHORTFALL \$10,365**

## Upcoming Sermons & Events

<b>Elder of the Day</b>	<b>Wanda Koffman</b>
<b>May 26</b>	John McLarty, <i>Pastor at North Hill Adventist Fellowship Church, Washington</i>
<b>June 2</b>	Smuts van Rooyen
<b>June 9</b>	Youth Sabbath

*Sunset tonight – 7:50 p.m. Sunset next Friday – 7:55 p.m.*

## Glendale City Health Education

### May 19, 2012: Leaves of Three

Beautiful, warm, spring days tug at us to hit the trails for exercise or to explore—yet, we need to be mindful of possible dangers. Three weeks ago, my son, Zach, responded to a call from the Altadena Mountain Search and Rescue to assist a hiker who had lost his footing and tumbled 25 feet down a steep hillside. Shrubbery had broken his fall. Zach rappelled down the hillside to reach the man, harnessed him to the rope, and assisted him up the steep hill to safety. Within a couple of days, Zach had a serious case of allergic contact dermatitis from the poison oak, which required medical treatment.

Poison oak grows as a vine or shrub and is most common in the western United States. Its leaves resemble oak leaves, usually in groups of three but sometimes up to seven per leaf group. It's cousin, poison ivy grows as a climbing or low spreading vine or shrub, and is found in nearly all of the United States. Leaves of poison ivy are pointed and also arranged in groups of three—the middle leaf has a longer stalk than the other two; in autumn the leaves turn color and have white or cream berries. Poison sumac grows as a shrub or small tree that has 7 to 13 smooth-edged, pointed leaflets per leaf stem and is generally found in the southeastern United States. None of these plants grow well above 4000 feet or in deserts, except in the presence of water. None are found in Alaska or Hawaii.

All of these plants contain the irritating oily resin, urushiol (you-ROO-shiol), which is released from the leaves and stems (interestingly, urushiols are also found in mango, cashew, Ginkgo biloba, and Lacquer trees). Therefore, reactions from all of these plants are similar in sensitive individuals: redness and itching, a rash that develops into red bumps, small to large oozing blisters, and swelling—especially when the oil has been in contact with the face and eye area. Symptoms can be mild to extreme and last less than a week to a month or longer, depending upon the exposure and sensitivity of the individual.

Prevention is the best approach to urushiol. Learn to identify poison ivy, poison oak, and poison sumac in all seasons, and avoid contact: “leaves of three, let it be”. Wear clothing that covers the skin as much as possible: long-sleeves, gloves, long pants, socks, and shoes. Barrier creams such as Ivy Shield, Ivy Block, Stokogard Outdoor Cream, or Hydrophil may protect, as well. If accompanied by a pet, keep it on a leash and away from the poisonous plants. Tramping through the plants crushes them, releasing the oil onto an animal's fur, a potential source of exposure to family members. Learn to identify Jewelweed/*Impatiens capensis*, which often grows near poison ivy and poison oak, and is a natural treatment for urushiol. Carry soap, alcohol, or Tecnu® with you.

If exposed, immediately wash with soap or Tecnu® (a natural product) and lots of cold water, before the oil has been absorbed into the skin. Be sure to clean under the fingernails. Note: half of the urushiol is absorbed into the skin within 10-15 minutes after exposure. If no soap or water is available, remove the oil with alcohol, or apply Jewelweed. Do not apply both alcohol and Jewelweed, as some people may be sensitive. Because urushiol does not evaporate and dries quickly, it can remain potent for a year or longer.

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Therefore, wash all clothing, gardening tools, and objects that came in contact with the plants or oil on you, and bathe exposed pets.

According to WebMD, you need to seek medical attention when:

- ❖ There are symptoms of a severe reactions, such as severe swelling and/or difficulty breathing.
- ❖ There is exposure to smoke from burning poison ivy/oak/sumac.
- ❖ The rash covers more than 25% of your body.
- ❖ The rash occurs on the face, lips, eyes, or genitals.
- ❖ Symptoms persist—initial treatment does not relieve the symptoms.
- ❖ A fever develops and/or the rash becomes infected.

It's been nearly a month since the rescue that necessitated Zach going through poison oak to bring an elderly hiker to safety. Once he washed his steering wheel, new patches of rash stopped appearing. His blisters are gone, but Zach still has the red, raised blotchy reminders of a bittersweet triumph. For more information, see references below, or contact Dr. Kathy McFarland.

Poison Ivy, Oak & Sumac Information Center. <http://poisonivy.aesir.com/view>  
Booras, CH. Poison Ivy Dermatitis. Revised 6/25/99.

[http://www.jaxmed.com/articles/Diseases/p\\_oak.htm](http://www.jaxmed.com/articles/Diseases/p_oak.htm)

Rockoff, A and Stoppler, MC. Poison Ivy, Oak, and Sumac. MedicineNet.com.

[http://www.medicinenet.com/poison\\_ivy/article.htm](http://www.medicinenet.com/poison_ivy/article.htm)

Urushiol. Wikipedia. Modified on 4 May 2012. <http://en.wikipedia.org/wiki/Urushiol>

Allergies to Poison Ivy, Oak, and Sumac. WebMD. <http://www.webmd.com/allergies/guide/poison-ivy-oak-sumac>

Jewelweed. <http://www.altnature.com/jewelweed.htm>

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[http://www.medicinenet.com/poison\\_ivy/article.htm](http://www.medicinenet.com/poison_ivy/article.htm)

Urushiol. Wikipedia. Modified on 4 May 2012. <http://en.wikipedia.org/wiki/Urushiol>

Allergies to Poison Ivy, Oak, and Sumac. WebMD. <http://www.webmd.com/allergies/guide/poison-ivy-oak-sumac>

Jewelweed. <http://www.altnature.com/jewelweed.htm>

## Glendale City Health Education Events

May 24, 6:45–8:00 p.m.: “The Full Plate Diet” will meet in the multipurpose room.

05/19/2012 *Produced by:* Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee*.  
*Contact:* (626) 398-1445, [actionsforwellness@sbcglobal.net](mailto:actionsforwellness@sbcglobal.net)

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