

Glendale City Health Education Events

Today, October 8: As it is communion today, we will continue our health topic on Fat-Soluble Vitamins next week.

October 15: Vitamin D

October 22: Vitamin E

October 29: Vitamin K

FPU, Thursday, October 13. 7-9 p.m.: Week 2 of Dave Ramsey's Financial Peace University (FPU). The topic will be "Relating with Money." Learn why it's important for spouses to communicate and work together toward success. Singles will learn the importance of teamwork, and parents will find out how to teach their kids about money. Location: Chapel of the Good Shepherd. Host, Jonatan Cvetko at 310-721-1169, or email jcvetko@gmail.com

Flu Shots, Sabbath, October 22, noon to 2:30 p.m. (location to be determined): Nurses from Pegasus Home Health Care will be here to help you Duck the Flu! There is no charge for Medicare B cardholders who have Medicare as their primary insurance. You will need to present your Medicare B card to get your vaccine. If you have a PPO health insurance plan or not, the cost is \$25, paid to Pegasus, but reimbursed to you by your health insurance company. For those who do not have Medicare as their primary insurance, the cost is \$25: Cash, Check, and Credit/Debit cards accepted. *If you'd like to pay prior to Sabbath you may write a check to Pegasus Home Health Care and leave at the church office, or give to Kathy McFarland.*

Mark Your Calendars! Friday, November 18, 7 p.m. in the Fellowship Hall and then Chapel: **SimplySouperSupper™** followed by the movie (8 p.m.), **"Forks Over Knives"**, and a short discussion. If you haven't seen this highly praised film, you will not want to miss it! It examines the profound claim that most, if not all of the degenerative diseases can be prevented or reversed by avoiding animal-based and processed foods. If you've seen the film but someone you care about missed the opportunity, now is the chance to invite them. You may attend the film without attending supper. *Please note:* space is limited for supper and an RSVP is required by November 4, as well as for planning food quantity. Donations accepted. For more information or to RSVP, contact Kathy McFarland as noted below.

10/08/11 *Produced by:* Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee.* Contact: (626) 398-1445, actionsforwellness@sbcglobal.net

Glendale City Seventh-day Adventist Church
"Revealing Christ, affirming all"
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Glendale City Seventh-day Adventist Church

October 8, 2011

The Ordinance of Humility — 9:30-11:00 a.m.

Family footwashing meets in the south side of Fellowship Hall.

Women's footwashing meets in the north side of Fellowship Hall.

Men's footwashing meets in Room 13, under the Chapel.

Those who wish to may sit in the Sanctuary for meditation and reflection.

Worship 11:00 a.m.-12:10 p.m.

Prelude "Adagio in E Major" *Frank Bridge*
Sean O'Neal, organist

Call to Worship
The grace of Jesus Christ be among us.
The love of God be among us.
The communion of the Holy Spirit be with us all. Amen.

Hymn of Praise "Rejoice, the Lord Is King" No. 221

Greetings and Prayers of the Congregation Leif Lind

Prayer Response *O Jesus, blest Redeemer, sent from the heart of God,
Hold us, who wait before Thee, near to the heart of God.*

Anthem "Alleluia! All the Earth Doth Worship Thee" *Everett Titcomb*

Worship in Giving Meredith Jobe

Offertory "Quia respexit" from *Magnificat* *J. S. Bach*
Christina Bristow, soprano

Quia respexit humilitatem ancillae suae;
because he has regarded the lowly state of his slavegirl;
ecce enim ex hoc beatam me dicent
for look! from now on [they] will say that I am blessed

Children's Homily Cherise Gardner

Scripture Reading	John 20:19-28	
Anthem	“The Whole Armor of God”	<i>K. Lee Scott</i>
Homily	“Peace in the Wounds of Jesus”	Smuts van Rooyen
Communion Hymn	“Peace, Perfect Peace”	No. 463
At the Table	<i>We invite all members and guests to participate</i>	
Hymn of Response	“When I Survey the Wondrous Cross”	No. 154
Benediction		
Postlude	“Festal Flourish”	<i>Gordon Jacob</i>

Our regular Emergency Fund offering will be collected at the doors after the service.

City Church Announcements

*“All are welcome — whoever you are, whatever your journey or background.
God excludes no one, and neither do we.”*

Alma Schmidt would like to thank her Church family for all the cards and prayers during her time of need.

Young Adults Fellowship. We meet today in the multipurpose room at 9:45 a.m., and also Wednesday, October 12, 6–9 p.m. at Rachel Pereyra’s house. Call 818-913-9616 or email Rachel.pereyra@hotmail.com for location. Food will be provided.

“God in the 66” Bible study meets as usual **Tuesday, 6-8 p.m.** in the Council Room (707-337-8002 or sierrablake@gmail.com for info).

The Second Saturday Series today, 4 p.m., will feature Jaime Jorge, violinist, in this special presentation “The Rock of Ages.” Jaime’s music will be accompanied by images of God’s creation through a spectacular multimedia presentation of photography by Palmer Halvorson. *Please also note that today, from 10:30-10:45 a.m. Jaime will be playing some of his repertoire in the sanctuary for all who wish to listen! All are welcome.*

A+ Adventist Children’s Center is in need of donations (cash or new items) for their upcoming **Spaghetti Fundraiser** dinner auction. Proceeds will benefit much needed repairs for the toddler and lunch rooms and a new carpet in the Fellowship Hall. We invite you to attend this great event! Have a yummy dinner and bid on all our fantastic stuff! **Thursday, October 27, 5-8 p.m.** Adults: \$10; Children 2-8: \$5. RSVP by October 24: 818-241-9353. Thanks for making a difference at A+!

New group “Lit Knitters” starting for all interested in books, knitting, crocheting, needlepoint—you get the idea! Our first meeting is Sunday, October 30, 11 a.m. in the Youth Room. Bring your craft and book, *Let the Great World Spin* by Colum McCann; contact Didi at dmumford1@aol.com for questions.

Hebrew music artist Rachel Joy Hyman (www.rachelhyman.org) will perform at City Church **next Sabbath, October 15, 5 p.m.** in this special concert entitled *Psalms of Light*. Let her hauntingly beautiful music inspire you! All welcome, admission free, love offering will be taken.

Leadership Training Workshop. Church members who agreed to serve as a church officer per the Nominating Committee Report should plan to attend the training workshop on **October 15**, immediately after the worship service. Job descriptions will be handed out for each office, and instruction given on team building as well as special presentations by Pastors Smuts, Lawrence Downing, and Kent Hansen. The training will be completed by 4 p.m. **There will be a potluck, Italian food theme, prior to the Workshop.** Plan a 10-12 serving dish. Deaconess/Greeter—entrée; Sabbath School Teachers—salad; Elders/Endowment/Finance—dessert; Deacons and Junior Deacons—in charge of set-up and clean-up; all other officers—beverages. If you have questions or unable to attend, please contact Dave Ferguson at djhome2@aol.com.

LA Adventist Forum, October 22, 3 p.m., Dr. Sigve K. Tonstad, speaking on “The Lost Meaning of the Seventh Day.” Dr. Tonstad, a native of Norway, holds doctorates in both theology and medicine and serves as a professor of Religion and professor of Medicine at Loma Linda University. His wife Serena, a native of Baghdad, Iraq, is also a physician and professor at Loma Linda. They have two daughters: Linn, who, after graduating from Yale, teaches theology at Southern Methodist University; and Kristel, who has been working through UNICEF in helping orphans and children in Iraq and Haiti. All are welcome to attend the Forum!

Join Pathfinders! For all between 10-16 who enjoy camping, learning new things, and spending great times with friends! The Pathfinder Club provides a Christ-centered environment for youngsters to grow and learn. Tuesday evenings 6:45-8:45 p.m. at Glendale Adventist Hospital Community Services Center, 611 Vallejo Dr. 818-384-2820 Warren Dale for questions. See you Tuesday!

An RN and friend of City Church is looking for a **room to rent** 3-5 days a week in or near Glendale. She is very active and not home much but needs a safe and peaceful place to rest while in town. She is able to pay \$200-300 a month. Please contact the Church Office for more information.

Fellowship Potlucks

Our “once-a-month” Fellowship Potlucks will happen *twice* in October! All are welcome.

October 22 @ 12:30 p.m.

We encourage you to bring a main dish and the Church supplies the rest.

October 29 @ 12:30 p.m.

This is the A+ 30th Anniversary, all encouraged to attend.

Bring salad, entrees, and fruit.

Upcoming Sermons & Events

Elder of the Day	Hugh Gardner
October 15	Smuts van Rooyen
October 22	Smuts van Rooyen
October 29	30th Anniversary of A+ Children’s Center

Sunset tonight – 6:30 p.m. Sunset next Friday – 6:21 p.m.