

## Order of Worship

10:50 a.m. – 12:10 p.m.

(Please turn off all cell phones & pagers for the worship service)

<b>Prelude</b>	“Adagio for Strings”	Samuel Barber
<b>Call to Worship</b>		Doug Schultz
We celebrate the memorial of our redemption, O God, in this service of praise and thanksgiving. Recalling Christ’s death, resurrection, and ascension, we proclaim the mystery of our faith. Christ has died. Christ is risen. Christ will come again.		
<b>Hymn of Praise</b>	“Christ the Lord Is Risen Today”	No. 166
<b>Greetings &amp; Prayers of the Congregation</b>		Doug Schultz
<i>(Please remain standing for prayer)</i>		
<b>Prayer Response</b>		(No. 478)
Sweet hour of prayer, sweet hour of prayer, that calls me from a world of care, And bids me, at my Father’s throne, make all my wants and wishes known! In seasons of distress and grief, my soul has often found relief, And oft escaped the tempter’s snare, by thy return, sweet hour of prayer.		
<b>Anthem</b>	“The Seven Last Words of Christ” <i>(excerpts)</i> Théodore Dubois	
	• “Father, forgive them, for they know not what they do” • “Father, into thy hands I commend my soul” • “Christ, we do all adore thee”	
<b>Call to Offering</b>		Linda Torres
<i>(Unless otherwise marked, loose offering goes to local church expense)</i>		
<b>Offertory</b>	“Via Dolorosa”	N. Borop and B. Spague Jennifer Wallace, mezzo-soprano
<b>Children’s Sermon</b>		Cherise Gardner
<b>Anthem</b>	“Joy in the Morning”	Natalie Sleeth
<b>Scripture</b>	“The Resurrection of Jesus”	Michael Helm
	<i>SDA Hymnal #735</i>	
<b>Anthem</b>	“Hallelujah”	Ludwig van Beethoven
	from <i>Christ on the Mount of Olives</i>	
<b>Sermon</b>	“I Want to Know the Power of His Resurrection”	Smuts van Rooyen
<b>Closing Hymn</b>	“Because He Lives”	No. 526
<b>Benediction</b>		Smuts van Rooyen
<b>Musical Response</b>	“The Lord Bless You”	John Rutter
<b>Postlude</b>	“Symphony V–Toccatà”	Charles Marie Widor

Whether you’re a regular member or a visitor,  
we encourage you to continue to fellowship with our Church family after the worship service!  
Please also feel free to contact any of our pastoral staff if you have a question or need help.

## Sabbath School Options

Class	Age	Location	Symbols/Leaders
Beginners	0-3 yrs	Room 3	Elephant
Kinder/Primary	4 yrs to 4th grade	Room 4	Giraffe
Junior	5th & 6th grade	Room 1	Lion
Earliteen	7th & 8th grade	Room 2	Eagle
Teen	14-17 yrs	Room 10b	Fish
Young Adults	19-99	Multipurpose Room	Rachel Pereyra
Armenian	General	Room 11	
Romanian	General	Room 13	
Pastor	General	Fellowship Hall	Leif Lind
SS Quarterly	General	Chapel	Rosalyn Wortham

## Worship Options

Option	Location	Sequence
Sanctuary Service	Main Sanctuary	Every Sabbath
Romanian Service	Chapel	1st and 3rd Sabbaths
Armenian Service	Chapel	2nd and 4th Sabbaths

## Activities

Event	Location	Sequence
Choir Rehearsal	Choir Room	Sabbath at 9:15 a.m.
Pathfinders	GAMC Gymnasium	Tuesday at 6:45 p.m.
Bible Study	Council Room	Tuesday at 6:00 p.m.
Children’s Choir	Room 10b	Sabbath at Noon
Marathon Clinic	Verdugo Park	Sunday at 7:00 a.m.

## Church Directory

### Pastoral Staff

Smuts van Rooyen, Senior Pastor (626-256-4240)  
Cherise Gardner, Family & Children’s Ministries (626-484-8436)  
Leif Lind, Church Administrator (909-557-5230)

Hovik Sarrafian, Armenian Senior Pastor (909-796-9536)  
Vartkes Azadian, Armenian Associate Pastor (626-335-6507)  
Manea Moldoveanu, Romanian Church representative (562-463-0531)

### Officers

Head Elder Don Greathouse (626-796-8579)  
Head Deacon John Nielsen (818-605-0057)  
Head Deaconess Eleanor Posner (818-281-5822)  
Church Board Chair Vincent Haynes (213-276-2131)  
Sanctuary Choir Director Sébastien Vallée (831-420-7584)  
Children’s Choir Director Lissie Quishenberry (lissie@crazyladymusic.com)  
Organist Kemp Smeal (714-658-4885)  
Secretary Victoria Lucero (818-244-7241 office)  
Treasurer Dean Vendouris (818-244-7241 office)  
Church Clerk Mindi Rüb (mindilus@mac.com)  
A+ School Board Chair (interim) Glen Christensen (plbboss@aol.com)  
A+ School Director Malisa Smith (818-241-9353 school)  
Pathfinder Director Warren Dale (818-384-2820)  
Facilities Administrator Wayne Libby (760-409-6719)

### Church Office Hours

Monday-Thursday 9:00 a.m.-4:00 p.m.; Friday 9:00 a.m.-2:00 p.m.  
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610 E. California • Glendale, CA 91206 • 818-244-7241 • Fax: 818-240-9485  
Email: secretary@glendalecitysda.org • Website: www.glendalecitysda.org

April 7, 2012  
“Revealing Christ, affirming all.”

Welcome to Easter Service

Glendale City Seventh-day  
Adventist Church

## Responsive Reading

### The Resurrection of Jesus

*SDA Hymnal #735 —Matthew 28, NIV*

After the Sabbath, at dawn on the first day of the week,  
Mary Magdalene and the other Mary went to look at the tomb.

**There was a violent earthquake,  
for an angel of the Lord came down from heaven  
and, going to the tomb, rolled back the stone and sat on it.**

His appearance was like lightning,  
and his clothes were white as snow.  
The guards were so afraid of him  
that they shook and became like dead men.

**The angel said to the women,  
“Do not be afraid,  
for I know that you are looking for Jesus,  
who was crucified.**

“He is not here; he has risen, just as he said....  
go quickly and tell his disciples:  
‘He is risen from the dead.’”

**So the women hurried away from the tomb,  
afraid yet filled with joy, and ran to tell his disciples.**

Suddenly Jesus met them. “Greetings,” he said.

**They came to him, clasped his feet and worshiped him.**



## Closing Hymn No. 526: “Because He Lives”

1. God sent His Son, they called Him Jesus,  
He came to love, heal, and forgive;  
He lived and died to buy my pardon,  
An empty grave is there to prove my Savior lives.

*Refrain:*

Because He lives I can face tomorrow,  
Because He lives all fear is gone;  
Because I know He holds the future.  
And life is worth the living just because He lives.

2. How sweet to hold a newborn baby,  
And feel the pride, and joy he gives;  
But greater still the calm assurance,  
This child can face uncertain days because He lives.

## 2nd Anthem: “Joy in the Morning”

There’ll be joy in the morning on that day,  
there’ll be joy in the morning on that day,  
for the daylight will dawn when the darkness is gone,  
there’ll be joy in the morning on that day.

There’ll be peace and contentment evermore,  
there’ll be peace and contentment evermore,  
every heart, every voice will together rejoice,  
there’ll be peace and contentment evermore.

And the glory, glory, glory of the Lord will shine upon us.  
And the glory, glory, glory of the Lord will bring the truth divine.

There’ll be love and forgiveness everywhere,  
there’ll be love and forgiveness everywhere,  
and the way of the Lord will that day be restored,  
there’ll be love and forgiveness everywhere.

There’ll be love and forgiveness,  
there’ll be peace and contentment, there’ll be joy!

## 3rd Anthem: “Hallelujah” (Christ on the Mount of Olives, Beethoven)

Hallelujah unto God’s Almighty Son  
Praise the Lord, ye bright angelic choirs  
In holy songs of joy.

Man, proclaim his grace and glory,  
Hallelujah unto God’s Almighty Son  
Praise the Lord in holy songs of joy.

## Upcoming Sermons & Events

**Elder of the Day**  
**April 14**  
**April 21**

**Don Greathouse**  
Communion  
Smuts van Rooyen

*Sunset tonight – 7:17 p.m. Sunset next Friday – 7:23 p.m.*

## City Church Announcements

*All are welcome — whoever you are, whatever your journey or background.  
God excludes no one, and neither do we.*

Let’s continue to remember **Eric Anderson** and **Tatiana Zhdanova** in our prayers. Eric has just been flown back from Afghanistan where he was badly injured in a fall. We are thankful to God to know that he suffered no permanent damage and that he is expected to make a full recovery.

The **Second Saturday Series next Sabbath**, April 14, at 4:00 p.m. will feature the **Glendale City Church Sanctuary Choir** under the direction of **Dr. Sébastien Vallée**. Free-will donations will be received at the door.

The **Glendale Adventist Academy** is holding their **constituency meeting** in the Auditorium on Tuesday, **April 24**, at 7 p.m. Our congregation is entitled to send up to 8 delegates to this meeting, so this morning we will be asking for **names of individuals who are interested** and able to attend this event.

**Change in April’s Forum date: the next L.A. Forum will be April 21, the third Sabbath**, 3 p.m. in the Chapel. The presenter will be Bonnie Dwyer, editor of *Spectrum Magazine*, speaking on “Finding Peace in the Midst of the Adventist Cultural Wars.” **Please note that April’s potluck has also been changed to this same date, April 21.** These changes will only apply to April.

Next **Church Board** meeting on Tuesday, April 17; **Pastoral Search Committee** on Wednesday, April 18.

Mid-week **Bible Study Class** “God in the 66,” in the Council Room, Tuesday, 6-8 p.m. All welcome.

**SONscreen Film Festival X.** The SONscreen Film Festival is held annually in Simi Valley with an exciting gathering of student and professional visual storytellers who are “Changing the World, 24 frames per second.” If you are interested in attending as a **Church group Thursday night, April 12, or Saturday night, April 14, please contact Cherise Gardner 818-484-8486.**

**Woman from Loma Linda looking for room to rent for a month.** Will need the room just after Easter, as she will be involved with starting a training seminar in Glendale. Please contact the church office if you can help.

**Need help in pre-planning with funerals & cemetery property?** Our church member, Mirta Marconi-Rothacher is qualified and licensed with Forest Lawn to assist you. Please phone Mirta at 818-220-6486.

*Online giving of tithes or special projects? Simply go to [www.glendalecitysda.org](http://www.glendalecitysda.org) to “Online Giving,” then to the link “Donate to Glendale City Church Here.”*

**Glendale City Health Education**  
**April 7, 2012: Bountiful Spring Goodness**

Last weekend's conference took me through the winding roads of Santa Clara County: a feast for weary travelers' eyes! Against the variegated green landscape, patches of yellow mustard reached up to kiss the deep blue sky. Afloat on the wings of Wind, the titillating scent of garlic permeated every nook and cranny, reviving memories of walking in Old Town Pasadena at dusk. Beyond, red-tipped lettuces and giant cabbages stood like sentinels on brown-black dirt, as guardians of our health. We are most blessed to partake in the bounties of springtime and renew our strength. This spring, choose more veggies to flood your cells with life-giving nutrients. To get started, try the following recipe.

**Grilled Vegetable Salad—Serves 4**

1. Prepare grill (or grill pan) to medium-high heat.
2. Prepare vinaigrette by whisking together the following ingredients in a large bowl, then set aside:
  - ❖ 2 tablespoons balsamic vinegar
  - ❖ 1 tablespoon extra virgin olive oil
  - ❖ 1/4 teaspoon kosher salt
  - ❖ 1 clove freshly minced garlic
3. Chop, then set aside fresh herbs:
  - ❖ 2 tablespoons basil
  - ❖ 1 tablespoon chives
  - ❖ 1 tablespoon parsley
4. Brush vegetables with 1 tablespoon olive oil. Place vegetables on grill rack and grill 4 minutes on each side or until slightly blackened. Remove vegetables from grill; cool slightly and cut vegetables into 1-inch pieces.
  - ❖ 8 ounces asparagus, cleaned and trimmed
  - ❖ 2 large Portobello mushrooms, cleaned and stems removed
  - ❖ 1 medium zucchini, cleaned and cut lengthwise into 1/4-inch thick slices
  - ❖ 1 yellow squash, cleaned and cut lengthwise into 1/4-inch thick slices
  - ❖ 1 small red onion, cut into 1/4-inch thick slices
  - ❖ 1 red bell pepper, halved and seeded
5. Add cooled, cut vegetables and chopped herbs to prepared vinaigrette.
6. Add 1 large avocado, cut into small cubes, into the salad.

**Tips:**

1. Add 2 cups of chopped spinach, or other green leafy vegetables to the salad. You may need to add a little more dressing to lightly coat the salad.
2. For a one-dish complete meal, add 2 cups cooked beans e.g., cannelloni beans, 1/4 cup pine nuts, and 2 cups cooked whole grains, e.g., quinoa, brown/red rice, or bulgar wheat.

For more information on getting your family to eat more vegetables, contact Dr. Kathy McFarland.

**NEWSFLASH:** Sarah Nechuta, researcher at Vanderbilt, heads the Shanghai Breast Cancer Survival Study and findings were presented at the American Association for Cancer Research this week: 5,000 women between 20 and 75 years old, and diagnosed with breast cancer have been part of a 6-month study. They were interviewed within 6 months of diagnosis about their diet, lifestyle, and stage of the tumor. Chinese women who ate the most cruciferous vegetables were 62% less likely to die of breast cancer and 35% less likely to have a recurrence. On average the women consumed 3.5 oz a day (less than 1/2 cup cooked and 1 cup raw). Of course, researchers aren't ready to generalize the findings to all women: "there is probably no harm in advising women in the United States to up their intake of these vegetables" (Kruper). Really? There is plenty of evidence that supports increasing these veggies. Ladies (and gentlemen), it's time to throw caution to the wind and increase your cruciferous vegetables for your good health! Mmm...collard and mustard greens, broccoli, kale, arugula, cauliflower, mustard and turnip greens, bok choy, and delicious Brussels sprouts!

**Glendale City Health Education Events**

**April 5–May 24, 6:45–8:00 p.m.:** To get more veggies in your diet—well, to get more fiber and key nutrients into your diet, there's still room to join "The Full Plate Diet" to learn how. We meet for slightly more than an hour in the multipurpose room. Cost: \$40. Contact Kathy McFarland.

04/07/2012 *Produced by:* Dr. Kathy McFarland, Glendale City Health Education, a ministry of *The Mitch Henson Love Adds to Love Committee.*  
*Contact:* (626) 398-1445, actionsforwellness@sbcglobal.net

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(818) 244-7241 [www.glendalecitysda.org](http://www.glendalecitysda.org)